



# everyday

STORYTELLER vol 2

33 MORE PRACTICAL IDEAS FROM REAL WORLD SCRAPBOOKERS

Edited by Jennifer S. Wilson

# everyday



STORYTELLER

vol 2

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33 MORE PRACTICAL IDEAS FROM REAL WORLD SCRAPBOOKERS





## We Are Storytellers

“Nothing is ever really lost to us as long as we remember it.”

- L.M. Montgomery, *The Story Girl*

Life goes by so very fast. In the blink of an eye we're older, our babies are bigger and the world is much different than it was. We are storytellers because we know that our photos and words will outlive our own memories, serving as tangible reminders of life truly lived.

This book, along with its predecessor, *Everyday Storyteller*, is designed to share practical ideas that help make scrapbooking a rich and joyful part of your everyday life. You'll learn ways to tell more meaningful stories through your photos, words and scrapbook pages — in ways that fit into your real life.

Through 33 inspiring articles from storytellers from around the world, you'll see scrapbooking from many points of view, some that look a lot like your own as well as those that are very different. You'll learn new approaches to documenting the stories that matter most to you so you'll always remember.

My entire *Everyday Storyteller* team requires heartfelt thanks, including 64 brilliant, inspiring contributors to both books, as well as the two women who have made these books come to life: Lynnette Penacho and Neisha Sykes. Also, my assistant Jean Manis deserves special recognition for keeping everything else afloat while I focused on this project. Above all, I am deeply grateful for the story I am living every day as a wife and mom.

*Jennifer S. Wilson*

JENNIFER S. WILSON



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**everyday**  
STORYTELLER **vol. 2**

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## Capturing Moments

“If you surrender completely to the moments as they pass, you live more richly those moments.”

- Anne Morrow Lindbergh









# Quick Tips for Recording Your Own History

by Kerri Bradford

We spend a great deal of time recording our current stories. This is really wonderful, but we also have our own fabulous growing-up stories that we never seem to have time to write. Our story is important and by writing it, we leave a piece of ourselves behind for our loved ones.

Having lost my mother a few years ago, I can't tell you how sad I am that I have very few stories of her life. I see a photo and I want to know more, but she's not around to share with me. I don't want that for my children. I have a story to tell and I want to have it preserved for them.

This scrapbook page uses my first-grade school photo. You wouldn't think you would have many memories at six years-old, especially 40 years later, but as you can see from the close-up image, I made a list of random memories and used it as my journaling, keeping most of my thoughts in short sentences. This page doesn't necessarily tell one specific story, but rather covers many different moments. Thinking about being six years old, I don't have big stories to remember, but grouped together, they make a fun set of memories for that period of time.

*For layout credits see page 78.*





That's why this year I'm focusing on recording my own history. However, remembering the past isn't always easy, especially when trying to recall earlier memories. Believe it or not, many of those memories are still there. They may be hidden far into the recesses of your brain, but with a few tips, you can be on your way to getting these memories on paper.

### »»» QUICK TIP:

When you write a memory, start by using only a couple of words or a sentence and not much more than that. You'll find each new memory instantly generates another one. This way, you can catch the next memory flash as it comes. You can always expand on these recollections later.

## 1 Find a place

Keep something close to record your thoughts. Use a little notebook or your mobile device. Keep it handy so that when a thought occurs, you have a place to record it.

## 2 Record memory flashes

Frequently, in our daily lives, we are reminded of a moment in time. For example, a song comes on that reminds you of a trip to the coast when you were ten. At that moment, quickly record that memory flash. Why did it remind you of the trip? What were some details?

## 3 Make a list

One of the easiest ways to recall times in your life is to make a list rather than trying to bring them all back at once to write a paragraph.

## 4 Think about a specific time

Recalling a certain grade in school is a great place to start the memory-retrieval process. Pick a grade and begin a list of random things that you remember. It may be the smell of school lunch, a game you played, your friends, the music or where you lived.



Use outside resources, if you have them available, for additional details (like a street address) and include them as a graphic element on your page.





## Freshen Up Your Photographic Point of View

by Amy Mallory

"If you look the right way, you can see that the whole world is a garden." This quote from *The Secret Garden* by Frances Hodgson Burnett sums up how most scrapbookers view the world. Nothing enriches my life more than seeing the world through scrapbook-tinted lenses and when every moment has the possibility of becoming a scrapbook page, I see the world with a new perspective.

This perspective carries over to my photography. I am always looking for new ways to capture my subjects. There are six techniques I use regularly to keep a fresh perspective in my photographs. These techniques can be used with any camera and even the beginning photographer can implement them today.



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# 1 Get down low

Don't be afraid to get dirty. I often lie on my belly to get a fresh perspective. This technique creates a shallow depth of field in the foreground, allowing space for journaling or word art directly on the photo.

# 2 Get in between

Think about shooting *through* an object and put something between yourself and your subject. My favorite item for this technique is a frame. You may need to focus on your subject first and then place the frame in between to maintain focus.

# 3 Get forceful

Forced perspective is a technique that employs an optical illusion to make an object appear farther away, closer, larger or smaller than it actually is. I don't know if I'll ever make it to the Leaning Tower of Pisa, but there are some great forced perspective photos with this structure. I have seen photos of people appearing to hold up the building with their feet while lying on their back or showing the tower between a thumb and a finger as if it were about to be squished. My boys and I like to experiment with this technique.



# 4 Get up high

I hope you aren't afraid of heights. Shooting from above can be very flattering to your subject. I often ask my boys to get on something high and take a photo of me looking up. It does wonders for a double chin!

# 5 Get creative with natural elements

Nature provides some wonderful elements that can be used in photography. I especially enjoy using the sun and moon as an interactive part of my photographs. This is another form of forced perspective. In this layout to the left, you can see my subject make a heart with her hand right in front of the setting sun. Opportunities to use nature are all around us if we keep our eyes open and think outside the box.

# 6 Get creative with digital elements

Creating the right perspective with digital items is playtime for me. I love enhancing my photographs with digital elements that appear to be a part of the original photo. For example, a baby's fist is perfect for holding a digital sign. I never use messy chalk on my chalkboards; I use my digital chalk products to add the perfect touch. This technique is full of possibilities and I am constantly trying something new with my photos and digital elements.



For layout credits see page 78.



# Crop Your Photos for Maximum Impact

by Catherine Davis

I absolutely love photography, but I don't always get it right when I hit the shutter button. My favorite post-processing tool is one of the simplest ways to perfect your photos: the crop tool. If used thoughtfully, this little miracle worker can solve a host of problems and change your photos from all right to amazing in one click. Don't be shy, even the most seasoned of photographers use cropping as a regular part of their editing process. You can get cropping with photo-editing software like Photoshop or with smart-phone apps.



For layout credits see page 78.



## 1 Crop to compose

When thinking about photo composition, I keep balance and the Rule of Thirds in mind. This fundamental photography theory divides the frame into thirds horizontally and vertically. The points where those lines intersect are starting points to place the main subject.

## 2 Crop to clean up

Removing distractions or clutter from the edges of photos helps pinpoint your subject. This is probably what I use my crop tool for the most. This process can vary from removing very slight edges to taking a horizontal image to square.

## 3 Crop to create a canvas

In scrapbooking, I like to add elements to my images like type or embellishments. I will often crop a photo to create dead space to allow for these additions.

## 4 Crop to rotate

Most photo-editing programs allow you to rotate your crop. This is useful for adjusting horizons or adding tilt for interest. You can also add angles that lead the eye around a shot. I've read that images or graphics on the tilt are more engaging because it takes longer for the brain to process them.

## 5 Crop to zoom

Some images just aren't tight enough on your focal point. A tighter crop will simplify your shot and focus on your subject. Be aware of your image size before you crop too tightly. If you don't have enough resolution, your image could get pixilated fast.

## 6 Crop to frame

Keep an eye out for the opportunity to create a natural frame. You can draw attention to the subject of your image by blocking other parts of the shot within the scene.

## »» QUICK TIP:

### More About the Rule of Thirds

The Rule of Thirds puts the primary subject slightly off center. This isn't a hard and fast rule as much as a guide to what is more engaging to the eye. Composing an image dead center can also be extremely effective. By default, Photoshop CS6 shows a rule-of-thirds grid when using the crop tool. Some cameras and photo apps also include grids you can turn on in your digital viewfinder.

## 7 Crop a friend

Be bold. Sometimes you have to go for it and crop deep. Yes, it's OK to crop out someone's head. Just avoid cropping at the neck; it's creepy. (Same goes for cropping at the joints on hands, arms, feet and legs.) If done effectively, having your subject going off of the frame can give the sense of infinite space.







## A Picture is Worth a Thousand Memories: Don't Crop Them Out

by Kami Leonard

**They say that a picture is worth a thousand words.** As scrappers, this adage is at the core of what we are all about: visually documenting our memories, conveying a thousand words with just one photograph or layout, and sharing ourselves with future generations. But in this process, we are also preserving the memories of our loved ones.

Recently, my mom gave me a box of old photographs. As I was going through them, I realized I was enjoying the memories of the peripheral objects in the photos more than the focal objects. In fact, often times I couldn't recall when or why the photograph was even taken. It was the incidental items in the photos that triggered memories completely unrelated to the actual photo.

I found a picture of my sister and me sitting on our couch with my grandmother. A few months after my grandfather passed away, my grandmother traveled from Chicago to California and stopped in Arizona to see us. I have one memory of that visit. When we picked her up from the airport, she had a big box wrapped in





brown paper. I just knew it was filled with presents for me and my sister. Trying to be coy, I casually asked her what was in the box. She replied, "Your grandfather."

At some point during that trip, my mom sat us all on the couch to pose for a picture, creating photographic evidence that my grandmother had visited us - something we could point to and say, "See. She was here." On the edge of the photo, you can see a box wrapped in brown paper.

I found another picture of my sister and me sitting on the floor. We were little and too young to remember the picture being taken. I'm sure my mom was taking the photo to send to family and friends to say, "Look how big they're getting!" In the background is a table with a yellow lamp. I had totally forgotten about that lamp. I remembered my sister had a collection of glow worms she would set under that lamp each night to make them glow. One night she set one on top of the light bulb and it melted. I remembered the smell of the melting glow worm and I remembered feeling really bad that one of her glow worms got ruined.

It hit me that I had been purposely framing my pictures so that there would be no clutter in the background. I was trying to zoom in and crop out extraneous objects, concentrating on creating beautiful portraits to accompany my memories. And by doing that, I was potentially cropping out my daughter's memories.

If my mom had cropped these photos, I might have never remembered that conversation I had with my grandmother or my sister's melted glow worm.

As the family photographer, we will likely remember why a photo was taken and will include journaling or a note with our photo that will preserve our story. But our loved ones have their own memories and their own stories that are intertwined with ours,

and the beauty of a photograph is that it captures a moment in time and gives us a glimpse into a world that is perceived differently by every person in it.

*The beauty of a photograph is that it captures a moment in time and gives us a glimpse into a world perceived differently by every person in it.*

While I still love taking cropped-in photographs, every once in awhile I try to also include a wide-angle shot. Who knows which inconsequential object sitting on the counter in the photograph I take today will spark a memory in my daughter 25 years from now.







## Capture Emotion in Your Photos

by Elisha Snow



**Everyone is a photographer.** You may not be a professional photographer, but whether you take pictures with a fancy SLR camera or simply use the camera on your mobile phone, you are constantly capturing memories with every picture you take.

As a professional photographer, I'm not only in the business of capturing memories, but my ultimate goal for every photo I take is to freeze emotion. Years from now, I want to be able to look at the photos I take of my kids and remember exactly how each of us was feeling at that moment in time. Too often, I'm not able to properly express in words how I'm feeling, which is why I love photography so much. Each picture I take, no matter the subject, is a reflection of who I am and how I perceive the world. The lighting and composition I choose work together to create something that showcases true emotion. I'll admit that it's mostly the happy moments I'm snapping away, but often I try to document tender, serene or even difficult moments of life.





**So, what exactly goes into photographing emotion?** There are three main elements that help to tell a story. Rather than describing the story I was trying to tell in each of the following images, I'm going to let you decide how the photo makes you feel. Emotion is different for everyone, so there is definitely not one right answer.

## 1 Lighting

The way you choose to light a photo is everything. Not just in the emotion it elicits, but also in the way your camera works. Without light, you wouldn't even have a useable picture. There are four main types of lighting and each one of these is going to give you a different look and feel: front lighting, overhead lighting, side lighting and backlighting. Each of these types of light can be achieved using natural or studio lighting.



## 2 Composition

Right on the heels of great lighting is excellent composition. Anyone can pick up a camera, point it toward an object and push the shutter button; but, it takes a person with an eye for composition to truly capture emotion. Before every photo I take I ask myself the following questions: What is the best storytelling angle for this photo? Will I tell more of the story if I shoot horizontally or vertically? Will zooming in or panning out best capture the feelings of the situation? Would it add to the story to include additional props in the photo? How can I best position my subject's arms, legs, head, etc. to showcase their personality?



## 3 You

The way others perceive you in everyday situations comes through in your photography. Do you make the best of situations and look for the good in people or do you constantly complain about how hard your life is? Do others want to be around you or do you find yourself pushing people away? If you're a joyful person then I promise your photos will be joyful as well. What if you show up to a beautiful, happy wedding with a bad



attitude? I promise the photos you take that day will reflect the way you are feeling, not the way the subjects in your photos are feeling. And on the flip side, it is your job as a photographer to make your subjects happy. Even before taking pictures of my own kids, I'll tell them how much I love them and how proud I am of them. Not only does this make me happy, but it makes them happy as well, and my photos will showcase that happiness.





# Create More Meaningful Art Journaling with Instagram

by Tangie Baxter

Art journaling is a literal part of who I am; it has become a tangible part of my soul. Art journaling is simply self-expression through art, and once I found it, my entire being seemed to embrace it. It was life-changing and helped me manifest many of my wildest dreams into reality. Ultimately, it is how I came to find myself as a full-time artist and workshop instructor. However, through it all, I felt like I was missing something deep in the layers of my art-journal pages. I eventually discovered that the missing element was integrating my perspective through photography.

For some of us, photography doesn't come naturally or instinctively. We have thousands of pictures that we don't deem worthy of sharing hiding in boxes in our closets or in tidy, organized folders forgotten on our hard drives. Thoughts of photo editing send us running for the hills in fear and panic. How could I ever reconcile the desire for my own meaningful photographs versus my inability to use a camera the way amazingly talented photographers do?

Then came Instagram.

Instagram changed my perspective on photography. Suddenly, my phone, which went with me everywhere anyway, became a powerful tool for expression, a lens through which I could capture small, powerful moments in my life, much like art journaling. The best part is that this app is simple to use, even for a novice photographer. You can edit photos in real time, instantly post them for friends and family to see and save a high-resolution



For layout credits see page 78.



copy right on your phone. It has given me a freedom I have never before experienced because these pictures aren't meant to be perfect; it is all about the here and now. I knew right away that combining Instagram with my art journals was going to be an amazing art experience and it truly has been. It has allowed me to add an extra layer of me deep inside the pages of my art journals. Instagram photos are also the perfect way for traditional scrapbook artists to try art journaling.

## »»» DID YOU KNOW?

Art journaling is self-expression through art and the only rule about art journaling is that there are no rules. Art journaling should give you a voice from deep inside that you allow to manifest through your art. Be brave and just begin!

## Tips for Using Instagram with Art Journaling

- 1 If you have a smart phone, download the app and start snapping photos. (Make sure *Save to Library* is turned on in your profile settings.)
- 2 Search online for tips on how to transfer Instagram photos directly from your phone. It's easy and you don't need a special program. Simply drag them via USB cord from your phone to your hard drive in one step.
- 3 Don't feel like it's necessary to have people in your photos. Art journaling is more about capturing the moment and the feelings you felt.
- 4 Certain Instagram filters work better than others for use in digital art journaling. Play with them and find which ones work best for you. My personal favorites are Amaro, Mayfair, Walden and Nashville.
- 5 To use Instagram photos in your mixed-media work, simply print them on matte-style photo paper. If you are going to use them with wet media such as spray inks, gently coat them first with a mild fixative like Krylon.
- 6 Think of your Instagram photos as ephemera instead of as photographs. This allows you to use them as collage-fodder instead of as a focal point. Try using them as backgrounds or cut into shapes. The idea is to have the photos part of the layers, but not necessarily the focal point every time.
- 7 Remember that it's not about the end result. Art journaling is specifically about the process and learning to enjoy the journey!

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# Good Eats: Documenting Culinary Memories

by Kelly Purkey

It all started with my grandma's home-cooked Sunday suppers.

We'd sit down at her kitchen table at the farm my mom grew up on in Michigan. Down the table would come juicy pot roast, perfectly cooked noodles, homemade strawberry jam and my favorite, mashed potatoes with butter melting on top.

I have such great memories of those suppers and they have led me to continue to appreciate food, dining out and sharing meals with people I love. I scrapbook and blog a lot about my



For layout credits see page 78.



adventures in eating. These are happy memories I savor and a delicious part of life. A simple photo can take me right back to that moment at the table and remind me of the flavors and company I enjoyed then.

I love documenting meals and use several ways to incorporate them into my memory-keeping process.

## 1 Adjust the camera

I take a lot of photos in restaurants and at the table. An important thing to remember is to learn how to use your camera without the flash on. Your camera will capture the food better and you won't disturb other diners. One great tip is to customize the white balance on your camera since restaurant lighting can vary greatly. This can be done easily with an SLR and a lot of point-and-shoot cameras, just check your manual. Use a white napkin to set the white balance so that the colors on your plate come out true-to-life in your photo.

## 2 Use Instagram

I've heard many people joke that the app Instagram is for food and it's true! There are so many great food memories being documented on Instagram and tons of inspiration for ways to shoot what and where you're eating. You can easily snap a quick photo of your meal with your iPhone - I'm sure you have seen seeing lots of diners doing it lately! These quick photos make a great addition to a Project Life album when you're documenting your everyday life.

## 3 Snap lots of pictures

You'll also want to make sure you're taking a variety of photos. Get close to the food on your plate, take wider shots of the whole table or a picture of the whole dining room. Having a range of photos will help a layout or project come together easily later on. Be sure to get photos of the people you're with and most importantly, hand the camera over and ask someone to snap one of you. Some of my happiest photos are of me holding a fork with something really tasty in front of me.



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## Save Time with Photoshop Actions

by Linda Sattgast

How would you like to shave seconds or even minutes off repetitive photo or scrapbook-ing tasks? Actions can do that for you, giving you more time to enjoy scrapbooking. An action is a series of tasks that you apply to a single file or a batch of files in your photo-editing software. You click a button and shazzam! It's done.

Actions can be played in both Photoshop and Photoshop Elements, but they can only be created in Photoshop. PSE 11 is the only version of Elements that makes it super simple to use actions, but there are workarounds for earlier versions. I use actions frequently to save time in photo editing and scrapbooking.

### 1 Use an action to quickly correct common photo problems

I hate putting a bad photo on a scrapbook page so I've created actions to help me fix common photo problems. If someone's face is too red, I can fix that with an action. Photo too yellow? Too dark, too light, too... boring? I have actions for that, too.

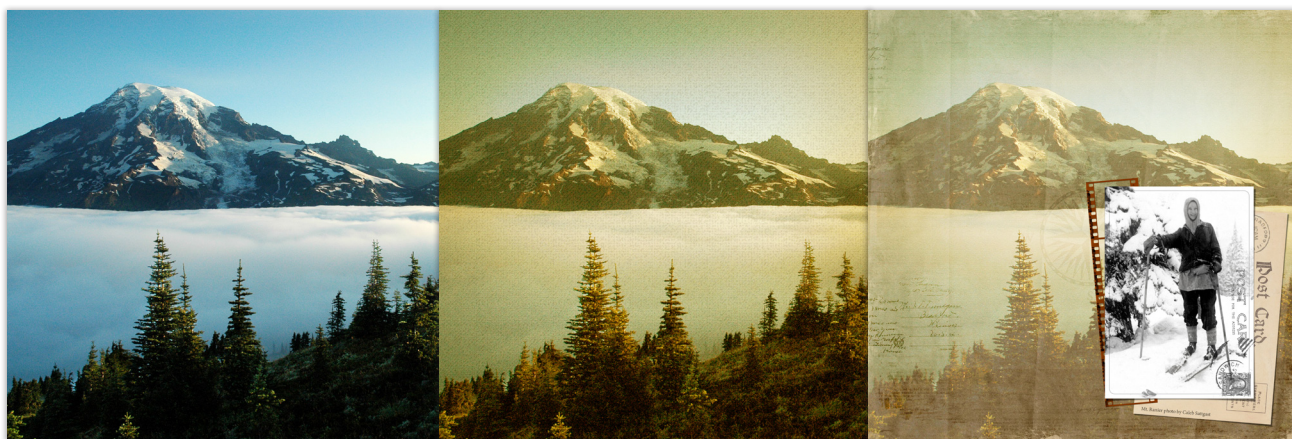
### 2 Use an action to instantly accomplish repetitive tasks

Why waste perfectly good time when you can click a button and have a task completed instantly? Not that I'm lazy or anything, but when I need to enlarge a photo I downloaded from Facebook, I don't want to open **Image>Resize** ten times as I upsize the photo incrementally. That's a perfect job for actions!

#### »»» QUICK TIP:

##### How to Reduce Noise in Photos

The best program I've ever used to get rid of digital noise is called Noiseware. I installed it as a Photoshop plug-in and created an action that instantly applies the Noiseware filter on a copy of my photo plus adds a layer mask so I can brush away some of the filter effect, if necessary. I shave about a minute off my prep time every time I use it. Sweet!



### 3 Use an action to apply a special photo effect

Recently, I created a scrapbook page about my mother as a young girl skiing on Mt. Rainier. I used a photo my son took of Mt. Rainier as the background, but it just didn't fit with the vintage look of my mom's photo. So, I used a Vintage Texture action I created to make the photo look old. That was the perfect fix!

### 4 Use an action to create custom drop shadows

I'm a digital scrapbooker but I love the look of realistic shadows so I often use a custom drop shadow on my digital photos and elements. The steps for adding a custom drop shadow are not difficult, but when you do this frequently it's a real time saver to use an action.

### 5 Use an action to perform common digital-scrapbooking tasks

You can use an action for many common digital-scrapbooking tasks such as:

- Create new documents in specific sizes and specifications.
- Reduce file size by cropping away anything outside your document boundary.
- Add guides to show the Rule of Thirds.
- Resize your scrapbook page for galleries.

#### »»» *Where to Find Actions:*

You'll be amazed at the cool free actions you can find by typing *free Photoshop action* into a search engine! If you don't know how to install and use actions, type *how to use actions in* and add the name of your program. The time you spend getting up to speed with actions will be saved later with the time you save using them.







## Telling Stories

“Stories can conquer fear, you know.  
They can make the heart bigger.”

- Ben Okri



14, 2013

GOOD

we don't always get what  
we want, when we want it,  
now do we?



I won't  
talk to you!

psssst...

TAKE NOTE

not only did you get mad at me for something  
ridiculous, but you decided to take it just  
that one extra step further by putting a very  
clear message to me taped directly on your mouth!

it all started because you  
did {NOT} want to leave when  
it was time to go.

so, this was your oh so very  
passive aggressive response  
to showing your intense  
dislike for the idea...

"...or later either!"

RIGHT  
NOW





# Discovering Your Best Stories

by Wendy Smedley

When I scrapbook, I like to tell my best stories. I discovered one of these best stories through my childhood photos at the beach. Spending time at the beach grounds me in a way that no other place does. I believe that this love of the ocean connects me to my happiest childhood memories. It is a challenge for me to think of my childhood in a literal sense without getting lost in sadness. The reason is my older (by sixteen months) brother and beloved playmate died over fifteen years ago. Everything about my childhood is wrapped up tightly in memories with him and I feel the loss of him sharply when I revisit my childhood.



For layout credits see page 78.

My feelings and memories of the beach and ocean, while still wrapped up with my brother, don't choke me up. It is this reminiscent, peaceful feeling I get from being near the ocean that I want to scrapbook. I describe it as the feeling of being home. When paired with childhood photos from different time periods, the story is complete.

## 1 Best Story Defined

What makes a best story? How can you discover yours? I define a best story as one that fits one or more of the following:

- It provides intimate insight into a subject's character.
- It connects generations.
- It illustrates a lesson learned.
- It communicates a value.

Ultimately, every storyteller will create their own unique definition of a best story. Let mine serve as a starting point to unearth your own. The challenge is to be with your photos in a way that encourages these stories to unfold.

*"Memories and the stories around them are most easily recalled in the presence of a triggering idea."*

- Stacy Julian

## 2 Family Photos

One place to discover your best stories is to organize your family photos. I have a personal goal to digitize our family's printed photos. This process has provided me with an opportunity to interact with my photos in a different way. I found that as I sorted, scanned, shared and archived these photos, stories emerged that I am eager to tell. It is through this exploration of my breadth of photos, which span years, where some of my best stories reside.

### QUICK TIP:

#### Digitize Your Old Printed Photos

My preferred method for this is to use a smart-phone app called Shoebox. It turns your phone into a scanner and then allows you to upload the scan for future use. Learn more at [1000memories.com](http://1000memories.com).

## 3 Loved Ones

As memory keepers, we value our outside sources and are eager to get others' perspectives. Don't overlook this resource for meaningful stories. Let me share an example: My mom grew up in humble circumstances in the small, isolated town of Basin, Wyoming. She remembers being embarrassed because she wore the same clothing to school three or four days in a row without them being washed and bathed only once a week. She always felt like an outsider.

While she was uncomfortable in school, one place in her small town that she loved going was to the public library. There she was able to escape from being mocked at school into a world of books. Her love of reading stems from this place of refuge and she has passed this love on to her children. My life is enriched immensely because of my love of books which was instilled through my mother's love of reading. I have the librarians and books that served my mom in the Basin Public Library to thank.



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# Choosing Which Stories to Tell

by Karen Grunberg

Over the last few years, I've spent a lot of time looking at my older layouts and analyzing which ones I love the most and **why**. I've come to realize that there are four major kinds of stories I like to tell: ephemeral moments, moments of learning, moments of gratitude and moments of celebration.



For layout credits see page 79.

All of these memories are tiny moments in my life, moments that I cherished at the time but that will otherwise be forgotten forever. When I am looking at my pile of photos, these are the stories I choose to preserve. These are the stories I love to read over and over again as the years pass and I look at my scrapbooks.

## 1 Ephemeral Moments

Most of us have moments we experience which we know will be gone forever. It's a combination of being at a particular place, in a particular time that will not be created again: your wedding morning, the day you give birth to your first child, the way your kid mispronounces a particular word when he's little. These moments seem so big at the time that we're sure we won't forget them. But we do.

My now four-year-old son used to have this unusual crawl. He wouldn't bend his legs and looked really funny. We used to see him do it all the time. But, one morning he woke up and started walking. I realized that day we would never see his crawl again. And a few years later, we might even forget all about it. For me, this is the perfect kind of story to capture. Now, since I've scrapbooked this ephemeral moment, I can look at my layout and relive that moment again and again.

I told a similar story with my older son after he lost his first baby tooth. I realized that he will never have that particular smile ever again.

## 2 Moments of Celebration

I like to capture moments where I've accomplished something I've been working toward for a long, long time and I notice that I've finally made it. For example, I created a layout celebrating when I lost 40 pounds and bought a size two skirt for the first time ever.



For layout credits see page 79.

## 3 Moments of Gratitude

These are the moments where I look at my life as if I were an outsider and feel an overwhelming sense of gratitude for the magic that my life is.

Even though we always knew we wanted two kids, there are times when it's really challenging to have two. But then, there are those magical moments when they're sharing and playing together. Those are my moments of gratitude.

## 4 Moments of Learning

I am a big fan of self-growth. There are many moments in my life where what's happening is less important than what I'm learning from it.

A few months ago, we were at the playground where there was a covered slide. My kids liked to go down it again and again. I got very anxious about how they might get stuck (my little one kept raising his foot) and I wanted them to stop playing there. My husband reminded me that we have little boys and I have to be brave and let them explore a bit. This was a big learning moment for me, one that I want to preserve so I can remind myself.





# Connecting Stories Across Time to Find More Meaning

by Amanda Jones

One of the most common topics you will find in my scrapbooks is the subject of growth. Specifically, you will see story after story documenting my son and how rapidly he is changing and growing up. When I was new to scrapbooking, this phenomenon filled me with fear and was frequently a reason for me to feel that all-too-common sense of being behind. As quickly as I could create a layout, my son had done twenty other things which all warranted their own place in his album.

I soon realized that I could not possibly document every last detail and so, for a while, I was content with capturing photos and scrapbooking as much as I could. Although I felt happy with what I was doing, I still had stories I knew I wanted to go back to and record. There are stories from my son's early years left untold even now, ten years on.

Somewhere between then and now, I realized that not telling those stories at the time had handed me an opportunity. By allowing time to pass between the events and the recording of the stories, it allowed a richer story to develop. On my *Adventure* layout, the first photo is of my son riding his first real bike. I could have made a page about this event seven years ago but, by waiting, I could add another layer to the story.

The next photo on the layout is of him riding that bike for the first time without training wheels. The third and final photo shows him riding his next bike after outgrowing the old one. By pulling photos of the same subject from different times, I could make new connections and record a more complete story. What's more, I had documented three events in the time it would normally take to document one.



For layout credits see page 79.



My layouts *Horse Magnet* and *No Fun Anymore* both follow the same principle. I printed photos spanning different time periods and used them to illustrate a single story. Now, rather than panic about the stories I don't have the time to tell, I look forward to making connections later on which add another perspective to my scrapbooks.

*By allowing time to pass between the events and the recording of the stories, it allowed a richer story to develop.*

## Three ways to find connections in your photographs:

### 1 Look back at photographs taken in the same month but in different years

You are likely to find photos of similar things, especially if they involve seasonal activities or holidays.

### 2 Look beyond the obvious

I recently noticed that in several of the photographs I'd taken of my son playing outside our house, our car was visible in the background. When I tracked back through the years, I discovered a timeline of all our previous vehicles.

### 3 Speak to family members

Ask them about their favorite memories around a specific topic. You may find that their memorable moments differ from yours and remind you of stories related to the one you were planning to tell.



For layout credits see page 79.





# Use Photos on Hand to Tell the Rest of the Story

by Jennifer S. Wilson



When I select a photo to scrapbook, I rarely consider the specific facts and details of the day; I'm most interested in something deeper. The majority of my pages use photos as tangible reference points for different, more meaningful stories that are close to my heart.

Growing up, I remember being completely captivated by Paul Harvey's radio show. On every long car trip we were all silent, listening to hear *The Rest of the Story*. I'm quite confident these moments taught me to look for the story behind the story in many aspects of life.

As busy mom, business owner and memory keeper, I only have time to share the stories that matter most. Dates, events and facts are all easily preserved through photo meta-data and pocket-style scrapbooking, but only layouts allow me to tell the rest of my stories.



For layout credits see page 79.



## 1 Same Time, Next Year

We have so many stories that form and grow in hindsight. I often use a photo from the same place or situation to explore connections displaced in time or a bigger story relevant to that place. In my *Empty Voicemail* layout (opposite page), the event began in 2006 but the photo is from 2012.

## 2 Character Study

Images of our loved ones in action can reveal much about their personality. I find it is more interesting to scrapbook these tidbits about them than what is actually happening in the photos. In my *The Artist* layout (right), I used a photo of my daughter painting to share my hopes for her future creative exploration.

*Stories can span time and place, far beyond the right now.*

## 3 Slice of Life

Stories can span time and place, far beyond the right now. The thing is, my bigger stories don't always need multiple photos or an album. In my *Hot Date* layout (right), a photo of my stepson and his girlfriend before a dance stands in as imagery for a larger chronicle of their relationship.

## 4 Double Meaning

The connection between an image and rest of the story is sometimes quite literal, even though the deeper meaning is not clear from the photo. For example, I created a layout with a photo from the pumpkin patch to record my daughter's nicknames: pumpkin and pumpkin pie.



For layout credits see page 79.





# Telling Layered Stories

by Amy Sorensen

To me, a scrapbook layout is mostly a canvas for stories.

Sure, I love scrapbook supplies, as my bulging containers and drawers can attest, but for me it's not a layout until the story is written down. Most any layout can have multiple stories: there's the main narrative, the tender moment or the funny thing that happened or the memorable experience. But there are always smaller, underlying stories as well. The fact that your son left his flip flops at the beach might not be the entire story of your trip to Florida, for example, but it's a little tidbit that deepens the tale.



For layout credits see page 79.

I like to think of stories as things that, like patterned paper or stamped images, can be layered and combined in interesting ways (both visually and textually) on the same layout. Your title tells part of the story and your main journaling space tells another big chunk of it. But there's an overlooked spot where you can layer on just a bit more story: the space you use for noting the date. It is the perfect place for a mini narrative, an extra scrap of words to add more texture to the memory.

## Five Sources for Stories to Layer

### 1 A smaller story that doesn't fit into the flow of the larger one

Maybe its theme or its tone (funny when the larger one is serious, for example) is different. What small story from this experience might you tell your grandkids one day?

### 2 The story behind the photo shoot

What did you have to do in order to get that gorgeous shot of your toddler? What kind of antics happened before that one family portrait with no awkward poses, goofy smiles or closed eyes?

### 3 A small part of a story that goes with the larger one

Sometimes your journaling space doesn't have enough room for the story you want to tell. Can you move a smaller part of the story into the date space instead? Or, is there one part of the tale you want to highlight? Moving it away from the main block of text will draw attention to it.



For layout credits see page 79.

### 4 A future story

Very often, a story isn't chronologically linear. We have an experience we photographed, but between that time and the moment we sit down to make the layout, our connections may have changed. There is the story itself: what has happened since? How did your subject talk about the experience later? What did you gain from it? What would you change if you could?

### 5 The story about the clothing in the photo

When did you buy your son's bedraggled-but-favorite sweatshirt? Why did your daughter pick out those specific shoes?

## NEED MORE IDEAS?

Here are five more ideas for telling layered stories:

- Tell the story of something in the background of the photo.
- Write a personal story about the date.
- Focus on capturing a feeling or thought of something you did.
- Tell a story about the other person in the picture.
- Write *This Day in History* by focusing on pop culture, weather or an important headline.





# Capturing and Sharing Life's Unique Moments

by Leah Farquharson

Have you ever stopped to think about what makes your life experiences unique? I really believe that we all see and experience life in our own separate ways. Scrapbooking gives us a great opportunity to document and celebrate our individuality. Documenting our everyday moments gives us a chance to share our likes, dislikes, habits and preferences. Scrapbooking gives us a place to share small moments and milestones, and when we gather the collection together, we see a glimpse of the lives that we live.



For layout credits see page 79.

Taking the opportunity to document our family's unique traditions is an important part of scrapbooking for me. When I set out to tell a story, I first start by asking myself a few questions:

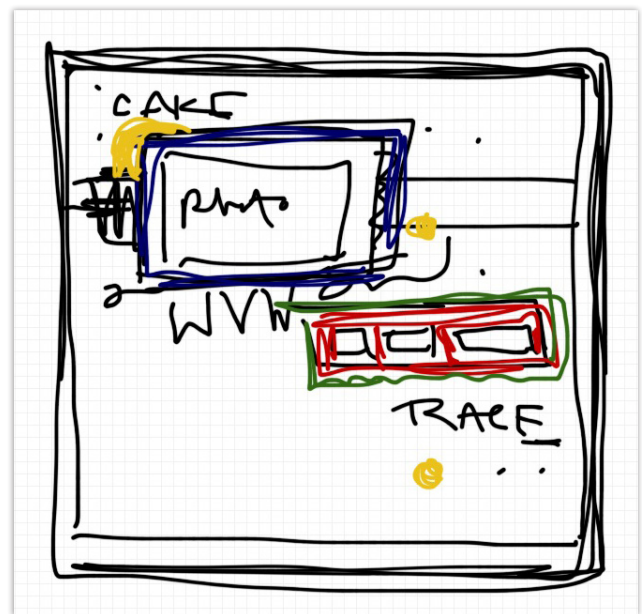
- What special moment, story, relationship or feeling am I trying to capture?
- Is there something about that moment, story, relationship or feeling that is unique to our family?
- How can I capture that uniqueness in my photos, in my journaling and in the feel of my scrapbook page?

Once I've identified a particular story I'd like to share, I think through the best way to document it.

- Would it be best to include photos?
- If I decide to include photos, can they be captured live, in real time, or do I need to stage something? Can I include a related photo that will call that event to mind?
- Should I create a photo-less page that focuses only on journaling?

In my *Cake Race* layout (opposite page), I'm sharing a particular tradition surrounding how our family celebrates a birthday. As I snapped photos of a birthday celebration one day, it occurred to me that this tradition is a fun and unique part of how our family celebrates together. The next time that we celebrated together, I paid special attention to documenting this particular part of the day. I got in close and captured detail shots. Not all of the photos are perfect or could be included in a photographer's portfolio. In fact, because of the nature of this particular event, some of my photos are blurry!

One of the great things about capturing real life is that imperfection is allowed. No one's life is perfect, and trying to capture your life perfectly would be a bit hypocritical. Capturing your tears and heart-break along with your moments of triumph, personal



relationships and special traditions is honoring real life. I want to capture the real me to share with our children and that means including *all* of me.

For my layout, I grabbed some photos of our family's special tradition of having a cake race each time we have a birthday celebration. I included a couple of photos of the traditional birthday boys with the cake. On the side, the detail photos focus on our particular family tradition and what makes our celebration unique. I chose to include two photos taken by my husband of the actual race.

The telling of this story determined the structure and set-up of my layout. Knowing that I wanted to use at least one large photo and a couple of small ones, I sketched out an idea on my iPad. After editing and printing the photos that I wanted to use, I gathered coordinating supplies and got to work. The final page layout is slightly different than my sketch, but it tells the story perfectly.







# Telling Your Funny Stories

by Joscelyne Cutchens

When I first started scrapbooking, I felt obligated to document holidays, birthdays and the first day of school. There were always lots of pictures and scrapbooking supplies, but when it came to the journaling, I struggled. I felt too much pressure to create just the right story to go with the pictures. I'd leave the journaling blank and place the layout in the album for later. Because journaling never felt like a natural, cohesive part of my layouts, I found that I rarely created pages that I loved or wanted to revisit.



For layout credits see page 79.

A few years ago I realized that if I started with a story to tell and then chose photos and products to support the story, I not only enjoyed the process more, I also really liked the results. I also realized that my favorite pages are the ones with funny stories. As much as I think I'll always remember that little nugget of humor shared at the breakfast table, I know that it will inevitably fade if I don't write it down.

For me, the easiest way to document a funny moment is by updating my Facebook status, particularly if it is a short quote or story. Facebook makes it easy to go back and search your activity for your posts when it's time to memorialize a bit of humor in the form of a scrapbook page or Project Life insert. If a story is too long for a Facebook status, I write the entire story in a blog post.



## Tips for Sharing Funny Stories

### 1 Snap a picture.

Whether you have your fancy camera or only your cell phone handy, use it. Capture a few pictures to go with the story. If you don't have your camera available at the time, don't be afraid to recreate the moment or take a picture of something else that helps tell that story.

### 2 Create a series with a common thread.

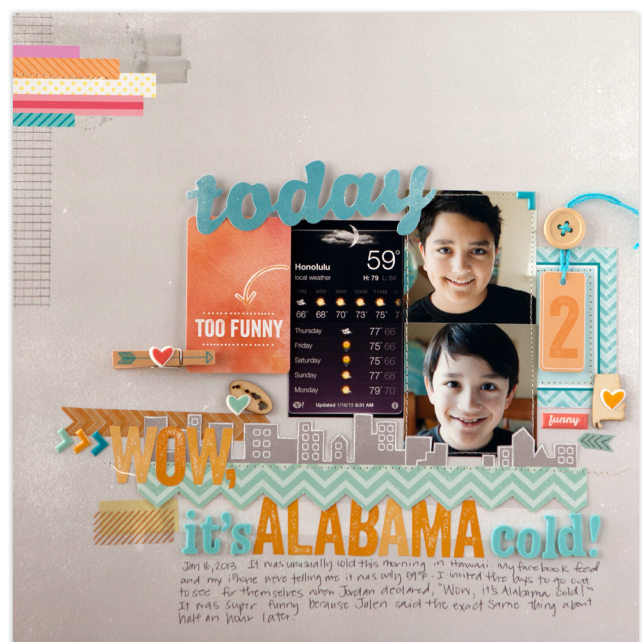
My younger son has always had a knack for making me laugh. Many times his comments begin with, "Hey Mom, look at this!" It's such a great tagline that I've created a series of layouts about this. I'm also starting a series about things I've overheard.

### 3 Share your family culture.

When you share your family's sense of humor, experiences and inside jokes, you can go straight to the punchline because your family already knows the joke. It's fun to document your inside jokes; these are the things that make your family unique and special.

### 4 Use the good stuff.

I used to hoard my favorite craft supplies. I would ask myself, "Is this project worth that good paper or embellishment?" Now I say, "If the project is worth making, it is worth using the good stuff." And you know what? I love my projects using the good stuff!



For layout credits see page 79.





# Documenting Not-So-Perfect Moments

by Amy Martin

Memory keeping often focuses on happy events, posed moments or the most special of times. All of those are wonderful to capture: they show that life is good. We all know, however, that life is not always filled with bubble gum and ice cream. Documenting not-so-perfect moments with not-so-perfect photos can be a challenge.

## QUICK TIP:

Arrows or chevrons are a super-easy way to direct attention to a subject, whether that subject is a photo, a title or even journaling.



For layout credits see page 79.

# 1 Snap, Snap, Snap

One of the main things to remember when recording everyday memories is to actually get them captured. On most days, my camera lives in my worn back pocket. I am quick to whip it out and snap photos, even if the photos are blurry. I would rather have a blurry photo than no photo at all. My children are in constant motion, so even the unclear photos tell a story! Because motion occasionally leads to bumps and bruises, I try to capture some of those moments since they are part of everyday life.

*Big Little Ouch* (opposite page) has a somewhat blurry photo of my sweet baby holding his head. This little guy bumped himself inside a tube slide as he jumped in. His tears were huge; however, as the little guy ran to me, I snapped a quick photo. This photo alone may indeed tell that story, but it may tell it to only me, his mother. My layout seizes that everyday moment and pulls the action, emotion and feeling from the memory and puts it on the page. Because the original photo was a bit blurry, an overlay was used and my not-so-perfect photo was modified to black and white to mask some of the blur.

# 2 Color Speaks Volumes

Occasionally children say volumes without even speaking. Layouts can do the same. Color is an excellent way to convey emotion, as in the case of *I Won't*. Our daughter was upset with me one afternoon when we were unable to stay longer at one of her favorite places. Her response was this: tape over her mouth, silently, yet obviously, telling me her feelings on the subject (just the response every mother loves to receive in a busy place!). To display this not-so-perfect moment, I used bold, bright title work. There is no mistaking the loaded emotion of the photo. So as not to overwhelm the photo, though, and with such a huge title, a frame sets the photo apart.



## QUICK TIP:

Digital stamping can easily be made to look like real stamping by selecting and moving parts of the stamp off and away from the layer on which the stamp is placed.

# 3 Crime and Punishment

There is no doubt we all love our children and along with that love comes a good dose of parenting. Let's face it: no child is perfect, nor do they behave every day. In our

home, writing down phrases multiple times is fairly good memory aid for adjusting behavior. I created a layout called *100X* as a tribute to the 100 times our daughter had to write *I will*

*respect my mother*. She stomped into the room when she finished writing to hand me an envelope with *Very UN-special* written on the front. Yes, this is a not-so-perfect moment, but I will remember it always.

For layout credits see page 79.

## QUICK TIP:

Stitching does not have to be straight nor does it have to be clean. Messy stitches easily add depth and personality to a layout.





# Scrapbook Meaningful Moments with a Planner

by Crystal Wilkerson

As much as I love scrapbooking for the design aspect, I've often felt like my pages lacked deeper meaning and purpose. I want to use my scrapbooking as a tool for appreciating and learning from life. A couple of years ago, I created a planner that focused more on relationships than to-do lists. I designed it to be a constant reminder of the big picture while still helping me manage my day-to-day life. One day it hit me that my planner was, in its own way, a personal scrapbook. It contained my goals and dreams, my personal thoughts and ambitions, my notes, my to-do lists and my daily activities. I realized that I was sitting on a goldmine of the journaling prompts that I felt had been lacking in my scrapbook pages.



For layout credits see page 79.

As soon as I made this connection, I decided to simplify the whole process and combine scrapbooking and my planner. Now, I scrapbook most of my pages to fit the 5.5x8.5-inch size of my planner. This makes for quick and easy scrapbooking that is focused mainly on

pictures and stories. In the future, if I decide to go back and design a 12x12 layout, it will be super easy because my pictures and stories are already in place. My hope is that my combination of my planner *plus* scrapbooking will inspire you to live life more fully.

# Story Ideas for Living and Documenting Life on Purpose

This list uses the different sections of my planner as inspiration for telling your own stories.

## 1 Create a Balanced Life

Document ways you try to create balance in your life. Scrapbook a typical week's to-do list.

## 2 Nurture Your Relationships

Write down what you're doing to strengthen your most important relationships. How do you nurture your faith relationship? What tender mercies have you seen in your life? Write down how a childhood friend or teacher has influenced your life.

## 3 Create a Right Now Page

Talk about what's going on in your child's life. Include their talents, hobbies, friends, likes, dislikes, etc. You can even do this for yourself.

## 4 Lift Your Thoughts

Read books that help you to improve your life. Document what you learn! Create a layout centered on a favorite quote. Keep a gratitude journal and scrapbook a week's or month's worth of posts.

## 5 Increase Your Energy

Document your journey as you work to create healthier habits for you and your family. Scrapbook your favorite healthy recipes or snack ideas.

## 6 Plan For Abundance

Create a plan to get out of debt and document your ups and downs. Write about your job or your ideal job. If you could do anything in the world, what would it be? Why?



*I got Maci a "Smash" book for her birthday & now SHE LOVES TO SCRAPBOOK!*

It's so fun for me to be able to share my hobby with my daughter! As soon as I saw the "Smashbook" on the shelves at Target, I knew this would be a fun way for Maci to be able to easily try out scrapbooking. The first time we sat down to work on this, she kept saying over & over again that she never knew scrapbooking could be so much fun! She's going to love looking through this when she gets older. :)

For layout credits see page 79.

## 7 Design a Space You Love

Create a vision board of all your favorite things. Pinterest is a great resource for this! If you're organizing or decorating a room, make a before-and-after layout.

## 8 Celebrate Special Occasions

Create a layout documenting all of the details that go into planning a special event. Have your family write down their favorite memory from a holiday or reunion.

## 9 Enjoy the Icing on the Cake

Write a bucket list. Every time you check something off the list, create a layout about it. Scrapbook a layout about a favorite talent or hobby.

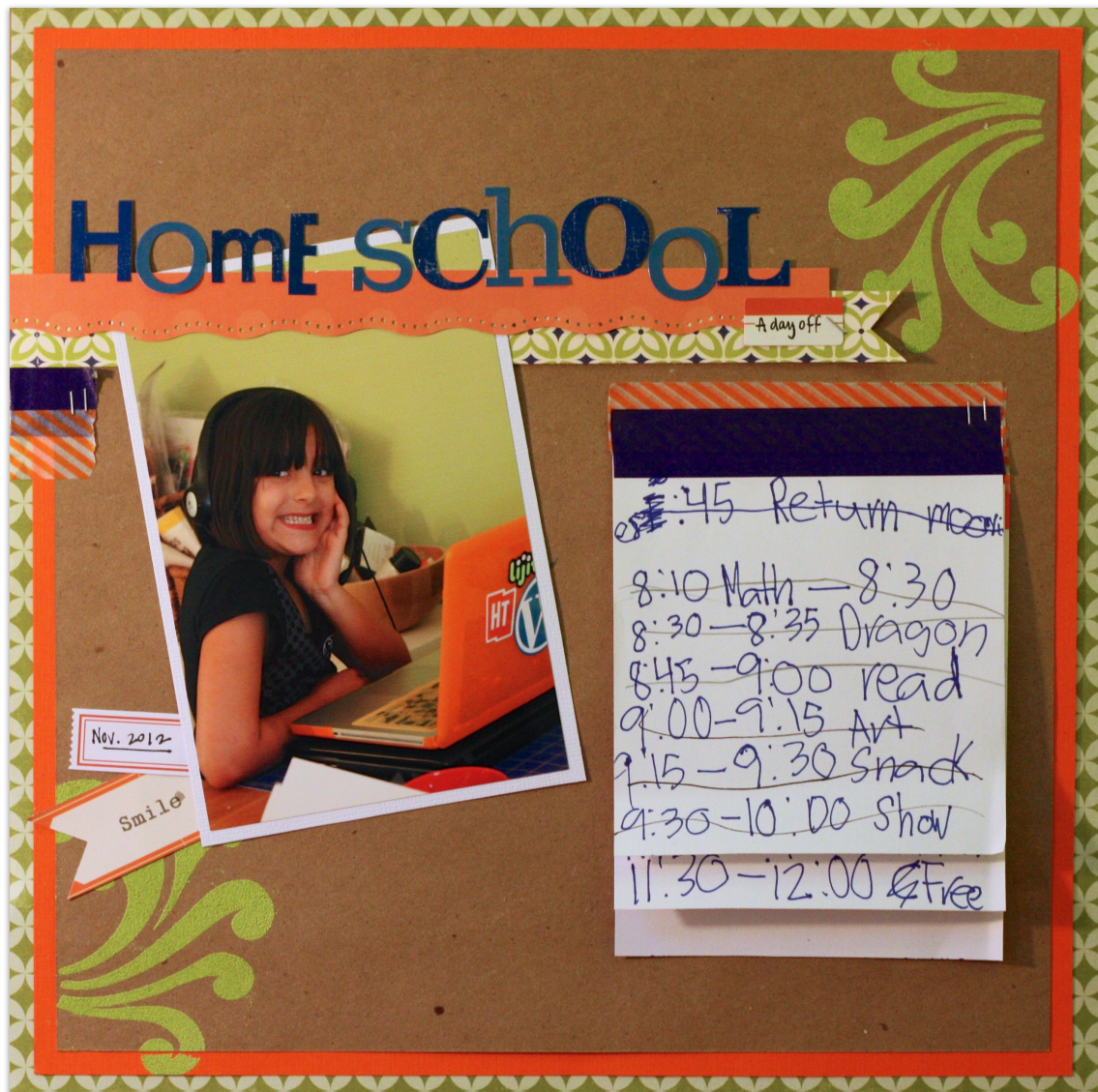




# Capture Their Voices: Get Others to Do the Journaling for You

by Lain Ehmann

While I scrapbook mainly to preserve my story and my unique take on the events that occur in my life, I still want to include other perspectives in my scrapbooking albums. Sometimes, though, it can be difficult to get other people to contribute actual journaling to my pages. In fact, I still have a very cute mini-album of my son's first year in tee-ball waiting for my husband to fill in the pertinent details about the season... some ten years later!



For layout credits see page 79.

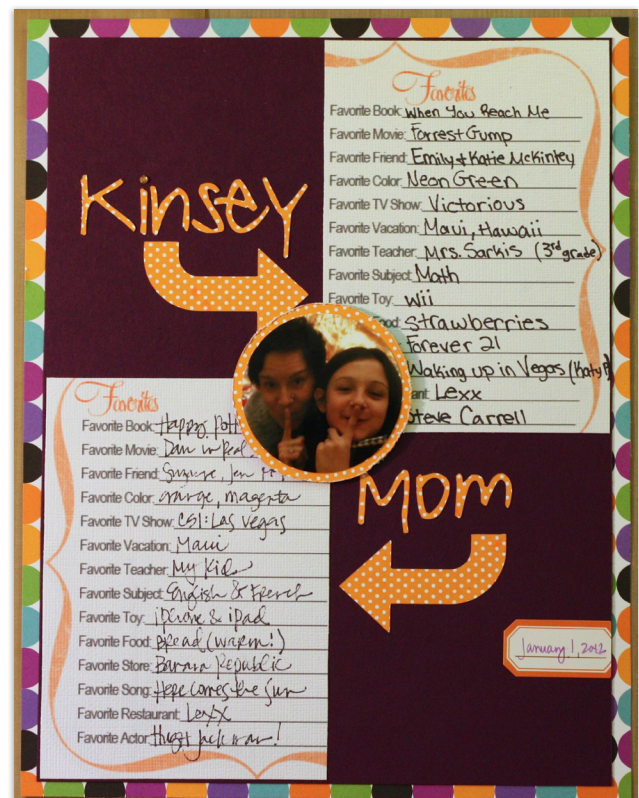
But, I'm a wily sort and *I have ways of making zem talk!* (Yes, that should be read with your best Natasha Badenov voice!). I've learned a lot since creating that poor, little unloved tee-ball album. Now, I don't wait for others to provide their voice; I go out and get it! Here are five ways of getting others to do the journaling for you:

**1 Eavesdrop.** I'm a journalist, so I'm nosy. I listen in on other people's conversations constantly and even more so when it's my own family! Some of the most telling dialogues about my family members have come from conversations I wasn't involved in but overheard coming from the backseat of the car or from the kids' rooms down the hall.

**2 Transcribe.** I love capturing my kids' thoughts in their own words. I carry a small notebook with me everywhere and I jot down those hilarious tidbits and can't-forget moments as they occur. My family now knows that anything they say is fair game for a scrapbook page!

**3 Take a survey.** It can be tough for others who aren't as dedicated to the scrapbooking craft to come up with meaningful, coherent journaling at the drop of a hat. That's why giving them open-ended questions may elicit blank stares while asking them specific questions will generate great responses. I'll often create a list of questions that require only a few words to answer and then either interview them or ask them to fill in the blanks.

**4 Gather the evidence.** I'm a big list-maker and several of my kids have taken up the habit. As a result, we always have spare pieces of paper and half-legible doodles lying around the house. Instead of tossing these



For layout credits see page 80.

bits of detritus, I view them as treasure and use them on my pages. Not only do I get an uncensored look into their brains, I also get a sample of their handwriting - priceless!

**5 Rely on a third party.** Teens and preteens (and some husbands!) are notoriously laconic. Even a single sentence may be too much for them to come up with. That's why sometimes you need to worm your way around their defenses. Asking questions like, "What is your all-time favorite movie quote?" or, "Which song title best defines your life?" can give them words to express themselves without feeling like they're revealing too much. So when all else fails, point the finger elsewhere to give them a comfort zone.

Getting other people's voices into your scrapbooks doesn't have to mean forcing your family members to write 500-word essays. Instead, make it as fun, stress-free and simple as possible for them to contribute. And even though they will still groan and moan, they'll be glad they played along - and you will be, too.





# Simple Tools for Boosting Productivity

By Donna Jannuzzi

Two years ago my family suffered a tragic loss. In my time of grief I asked myself in earnest, "Why do I scrapbook? Am I just wasting time?" The answer was emphatically, "No! I scrapbook because I want to record my family's memories; it is important to me."

But, as homeschooler and mom to three boys, our lives are very full! While I don't have as much time as I'd like to be creative, when you love something as much as I love scrapbooking, you find a way to get it done. Over the years, I have developed a process that works for me.



For layout credits see page 80.

There are four core aspects to this process that give structure to my creative life. Using these tools, I have found a way to tell the stories that matter to me and my family and fit my hobby into my busy schedule.

## 1 Use sketches

Before I start a layout, it is important for me to visualize where I will place my photos, title and journaling. Even if you don't need to see a layout in your mind before you begin creating, there are times when sketches can be helpful, time-saving tools for boosting your creativity and laying a foundation for your page. Remember, you can always alter a sketch to suit your needs and style. You can also look back at old layouts for inspiration. If you're happy with a design there is no reason not to use it again.

## 2 Keep an idea notebook

My idea notebook is a 5.5x8.5-inch three-ring binder where I keep notes of photos and stories I want to scrapbook, journaling ideas, sketches, product and color combinations, conversations overheard between my boys, funny things they say and do and so much more. My notebook keeps me organized and helps me to remember stories that might otherwise go forgotten.

## 3 Break projects into small tasks

To tackle layouts efficiently, I break the process into tasks that I can accomplish in the small chunks of time in which I typically have to work. While I edit photos, I match them with a sketch. At the same time, I usually make a note of papers, kits or embellishments that will go well with my photos. Later, I'll gather those items into a tray that is kept next to my scrapbooking desk. When I have everything I need to put my pages together, I find that my creative time is both fun and productive.



For layout credits see page 80.

## MY SCRAPBOOK ROUTINE

My procedure for making a layout contains the following steps:

1. Choose a story and photos.
2. Select a corresponding sketch.
3. Edit and print photos.
4. Choose products.
5. Write the journaling.
6. And finally, put the layout together.

## 4 Work on multiple layouts at a time

I am a slow scrapbooker. To overcome my perfectionist tendencies and keep my productivity high, I work on several layouts simultaneously. If I get stuck at any point while creating a layout, I set it aside. Often, I will start on a new layout (or two or three). Sometimes, I will do something else entirely. This lets me think about what to do while I'm doing other things like the laundry or some other task. I'm not wasting time staring at the same layout trying to make it perfect. After a break, I can come back to the page with fresh eyes and completing it becomes an easier and faster process.





## Creating Memories

“ Memories are the key not to the past,  
but to the future.”

- Corrie Ten Boom



# every single day



rk on revisions to your college essay  
 R. How will I know when I'm done revising?  
 A. ① All items on rubric (see skip #1 in planning document) are **STRD**  
 ② There are no grammatical/fresh errors. You've checked and double-checked.  
 ③ You feel that it is stronger than previous drafts, and that it reflected best efforts.

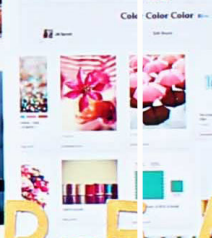
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THIS WEEK at a glance

monday

tuesday

wednesday

thursday

friday

5:29 a.m. Morning news. Wake up the kid (first of three tries). Wake up the dog (first of two tries). Feed pets. Let out the dog - if she will go. Rush rush rush: hair teeth deodorant clothes books deodorant (on my clothes). Red light. Red light. Red light. Starbucks. Now I'm awake. Traffic. Traffic. Traffic. Even in the carpool lane, traffic. More traffic. Z sleeps. School. Have a good day! She grunts in response. Morning! x 100. Then whoosh - a day of laptops, of lessons, of laughter, of literature. 3:15 p.m. How did I not eat all day? Goals: dinner. Soon. Traffic. Traffic. Traffic. What carpool lane? Traffic. Traffic. Traffic. I guess I won't be making dinner tonight. Traffic. Take out. Home. Finally. The dog is ecstatic. Food, glorious food. Chatting with Rob and Z, my people. Snuggling with the dog. Email. Facebook. Two Peas, Pinterest. Tomorrow's plans. Three cheers for the DVR. A book in bed. Night.

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# Telling Stories in Style with Simple Templates

by Karla Dudley

My main goal when creating a layout is to get the story told without sacrificing page design. And, when I begin a layout with a good base, it works wonders for my storytelling. Simple templates are one of my go-to tools for getting this accomplished. So, what are simple templates? Simple templates are built with basic shapes like circles, squares and rectangles. They don't have a lot of clustering and are basic in design.



For layout credits see page 80.







# How to Adapt Templates for Your Specific Needs

by Cindy Schneider

Scrapbooking can be an amazing way to preserve family memories but sometimes it's difficult for me to keep up.

I'm always on the lookout for solutions to decrease the time it takes to create a page. My favorite way to do this is to use a sketch or a template as a starting point for my layout and to take the guesswork out of designing a page. However, it can sometimes be difficult to find a sketch or template that will work perfectly for your photos, journaling and the story that needs to be told. I have three simple methods I use to modify templates to meet my specific scrapbooking needs.



For layout credits see page 80.

## 1 Increase the number of photo spots

Often, when sitting down to create a page, I have the photos that I am planning to use preselected, so the first step is to find a template with the right number of photo spots. This can be tricky because the design of a template and the amount of space it includes for journaling may be perfect, but you might need more space for photos. The simplest way to fix this problem is to divide one of the larger photo spots on a template to accommodate more photos. This way, the design of the layout remains balanced and there is a dedicated spot for each of the photos.

## 2 Add a large or blended photo into the white space of a template

If you have a photo that you love and want to highlight on your layout but cannot find a template with a larger photo spot that will work, there is the option of adding a large photo or a blended photo into the white space the background. Frequently, I have a favorite photo that I do not want to put into a smaller photo spot, so this approach works perfectly. Sometimes, the white space may not be large enough, but there is also the option of shrinking the layers of a template (excluding the background layers) and shifting the placement of the journaling spot to solve this problem.

## 3 Use a photo spot for an extra journaling block, wordart or labels

There are several fun alternatives when the number of photo spots on a template exceeds the desired number of photos. Due to the popularity of Project Life, there is a vast diversity of

### QUICK TIP:

Add visual interest by changing the layout background. The addition of a few shaped mats, a patterned mosaic or brushes and stamps to the background can give a layout a completely different look in addition to adding a burst of color to the page.



For layout credits see page 80.

amazing 4x6-inch and 3x4-inch accent cards that can be inserted to replace a photo spot. Alternatively, extra photo spots can be filled with patterned paper, descriptive wordstrips or larger elements to provide the perfect finishing touch to your page.





# Scraplift Your Layouts for Easy Page Design

by Laura Vegas

Do you ever find yourself sitting down to create, pulling out a pile of photos and a few sheets of patterned paper and then spending the next hour pushing those photos and papers around because you're not sure where to begin? I think we all have moments where we have a hard time getting a layout started or when we're trying too hard to make every layout we create unique and different.



For layout credits see page 80.



Now tell me this: do you have a few favorite layouts you have created where you just fell in love with the design and when every time you see them, they catch your eye? Have you ever thought about scrapplifting your own layouts? It's fairly common to lift layouts from other designers when we find pages that we love, but what about lifting yourself? There is no rule in scrapbooking that says you can't use the same page design more than once.

Scrapbookers, we should not feel the need or the pressure to try and reinvent the wheel every time we sit down to create. If you have already created some great page designs, why not get more use from your design work by using them over and over?

I created my *Oh So Pretty* layout two years ago and it has become one of my favorite page designs ever since. I am a big fan of using a single 4x6-inch or 5x7-inch photo on my layouts along with three smaller 2x3-inch photos. I am also a fan of collage-style layouts where I piece together my photos and papers so that they all fit together in a neat and organized way. The page design of *Oh So Pretty* has both of those features but still allows me room to make slight changes with my titles, journaling and



## HOW TO GET STARTED:

Take some time to flip through your albums of completed layouts and note those that really catch your eye. The next time you sit down to create, challenge yourself to lift your own favorite page designs. The design part of your process will already be done, removing the pressure off you as you get your layout started.

embellishments so that even with the same basic page design, no two layouts will look alike.

On *Time for Soccer*, I kept the photo and paper placement similar to the original page design and I used a few circular elements and scalloped borders as well. Then, I made a few changes, swapping the placement of my title and my journaling.

At first glance, my *Boo* layout may not look much like the original page design, but when you look more closely, you can see how I used many of the elements from my original layout while giving the page a different look and feel. I changed up my photo placement, but still used one large photo and three smaller photos, which I kept lined up together by printing them in a single photo collage. I kept the collage-style look to my layout by piecing together strips and blocks of patterned papers and building them around my photos to fill the page.

For layout credits see page 80.







# Use Large Photos for Instant Impact

by Mandy Koeppen

I love this crazy life I have with its ups and downs and everything in between. I scrapbook to document all these moments shared with my family so that they can see how special this life really is to me. I also want to be able to look back through my layouts years from now, when my children are grown, and remember all those little, everyday things we did and said. Every moment and memory stays in your head for only so long. I want to document them before they are lost.



For layout credits see page 80.

When I scrapbook, I always make sure the photo and story are what your eyes see first, not a technique or product. The best way to do this is with oversized photos. This design element works for me for a number of reasons. With some layouts, my photos take up the whole page and require just a little embellishment. Other layouts use an enlarged photo that doesn't take up the whole space of a page. It just depends on the story that's being told.

## 1 Large pictures have a big design impact

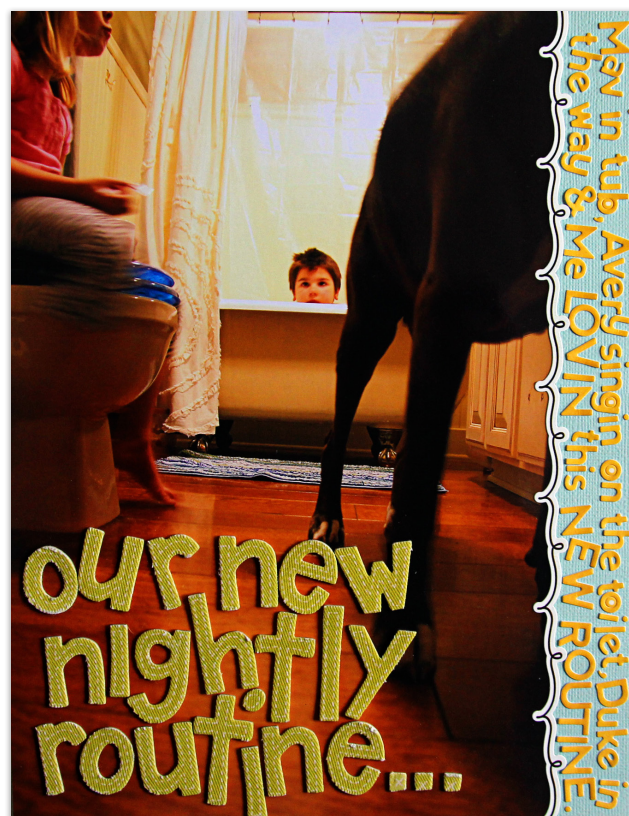
Big photos give a dramatic effect, pulling the eye in and making you want to know the story behind them. I'm not a technique person so using large photos works perfectly for me. I find that when I create with larger photos, making a whole page feels less intimidating.

## 2 Large photos make quick layouts

Being a busy mom of three with an on-the-go life, I have to use my creative time wisely and building a page goes much faster when I use large photos. I find that when I'm working on multiple projects or if I'm in a creative funk, large photos inspire me to create more.

## 3 Start scrapping with your large photos

Once you have your photo printed, place your photo and embellishments and then move things around on your page. If you want the photo to look like it takes up the full twelve inches of background, try matting it, adding tags and journaling, or simply leave a little bit of space on both sides. I love using large titles with my big pictures as well.



For layout credits see page 80.

### »»» DID YOU KNOW?

You know you can print photos up to 8.5x12-inches in size with a regular printer. Here's how:

1. Once you know what size photo you want to use (for example, 5x12-inches) go into your printer settings/properties. Select *custom* and then enter the size of your photo.
2. Cut down a 12x12 piece of cardstock or photo paper to 8.5-inches wide.
3. Load it into your paper tray and print.

## 4 Big pictures don't need to be perfect

Although using over-sized photos definitely puts an emphasis on the image, don't feel you need to have perfect photos. Everyday life is often messy and far from ideal. Why put pressure on yourself to scrap only portrait-quality photos? Focus on the fun of creating a page with a larger photo and enjoy the process.





# Unconventional Twists on Designing with Grids

by Lisa Dickinson

Just like a well-built house starts with a sturdy and stable foundation, a well-built scrapbook page requires the same **solid footing**. I love to begin a layout with a grid design because the intersecting vertical and horizontal lines create visual homes for my page elements. A grid is a versatile design tool that can be adapted to any layout theme. But, grids don't have to be blocky and linear or even square! Here are three ways to change up the basic grid design.



For layout credits see page 80.

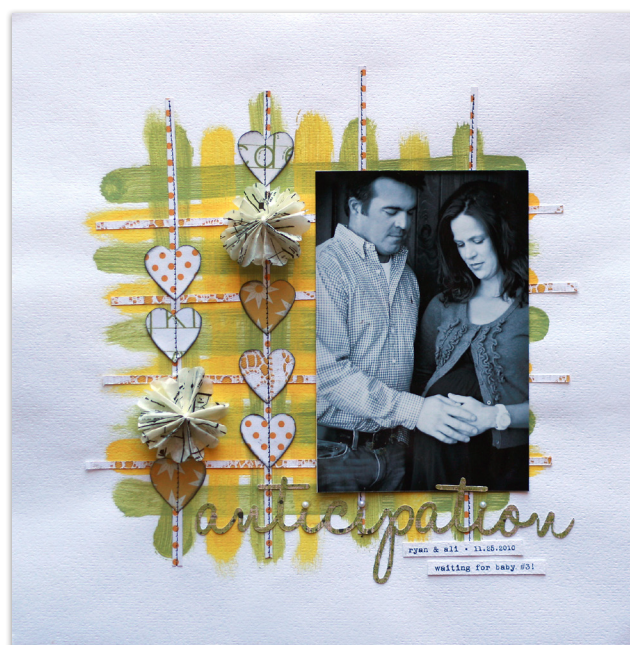


## 1 Create a grid from non-square elements

A grid doesn't have to be a framework of uniform, measured squares. Other shapes like circles, ovals, hearts or even stars can work just as well! On the layout on the opposite page, I've replaced two of my grid squares with circles and the squares are a variety of sizes. Even though the shapes are not uniform in size, they are of equal weight visually. It's the added details of black stitching, a black stamped edge and a punched, scalloped border that help equalize the impact of the grid units and add interest at the same time.

## 2 Use unconventional materials to create a grid

It's easy enough to make a grid of patterned paper or cardstock squares, but using more unusual supplies can create a unique and innovative page. I made a loose, free-form grid with acrylic paint for the background of the page above. First, I painted vertical and horizontal strokes across the white cardstock with light-



For layout credits see page 80.

green paint. Then, I added yellow paint between the green lines, allowing them to blend a bit. To add structure to this painted grid, I added thin strips of patterned paper and some machine stitching. The end result is a casual, imperfect grid that's anything but rigid yet lays a solid foundation for this page.

## 3 Create an asymmetrical grid design

Typically, a grid contains symmetrical, regularly spaced horizontal and vertical lines. But, you can create a strong page foundation without symmetry. On the page to the left, I've layered a variety of patterned-paper rectangles with three different-sized photos. Rather than try to align these mixed shapes and sizes, I let the edges overlap. However, the arrangement of this colorful and dimensional backdrop isn't haphazard. I've organized the patterns and colors to help the eye move around the grid and kept it centered on the background. The generous margins on this page provide plenty of white space for the eye to rest. To break up all the straight lines and right angles of the grid, I added some circular elements (tags and stamps) and a large bow to soften the design.



For layout credits see page 81.





by Jill Sprout

[illegible]

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Journaling plays a vital role in this process for me. The words I use on a layout can direct as well as reflect the page's overall theme and cohesiveness. My journaling has the power to pull together the various components of a layout and make it clear why each one belongs there.

## Reinforcing Page Theme with Journaling

### 1 Create a conversation between your journaling and other page elements

As you write, think about the message that you want to send and align it with the visual message of the layout. For instance, if you are creating a layout about your daily routine and have been working with a time motif, incorporating patterns and accents relating to calendars, days of the week and clocks, your journaling should follow suit. Document your schedule moment by moment, going into detail regarding what a typical day includes. Be mindful of your tone and the way you represent your day as it communicates how you feel about your routine. That is the point of such a page. After all, it is not just about how you spend your time, but how you feel about spending your time that way. Make your journaling speak to the purpose of the page.

### 2 Be fully present on the page

Journaling is not just about something, it is from someone. Embrace your power as a storyteller. The visual components of a page allow a viewer the freedom to interpret what its creator was thinking or feeling while creating a page, but the journaling allows you, as its creator, to control this interpretation. Imagine a layout that pulls together a variety of portraits of a single subject taken through the years. To-



For layout credits see page 81.

gether, these photos tell a story even without words. However, with journaling you can share the story that these photos tell you, which may not be the same story that they tell everyone else. Your voice, your unique voice, has the power to create a sense of unity on the page.

### 3 Repeat things you want to reinforce

The key to a unified layout is an emphasized idea, enhanced through repetition in colors, accents, patterns, shapes and yes, even journaling. Journaling that reflects similar ideas and sentence structures clicks into place with the other elements of a page. Consider, for instance, a self-portrait layout in which the colors are *you*, the accents are *you* and the photos are *you*. The page still is not truly you, however, without your voice. Using a reiterated line or idea throughout the journaling will help you to remain focused and will give your writing the sense of coming full circle. Often, it helps to duplicate lines or phrases throughout the journaling as well. This gives the writing momentum as it builds toward a final, resounding conclusion that echoes a message communicated throughout the page.





# Bring Stories to Life with Embellishments

by Krista Sahlin

Sometimes, it can be hard to articulate how a memory feels. When an author writes a book, they use words to tell us how things look, smell or feel to the touch. However, as scrapbookers, it may be more difficult for us to tell the sensory aspects of our stories on our layouts. How can you visually communicate the feel of the wind? How can you show motion without using words? One thing that I've found to help me tell a story is through the use of embellishments on a page. Not only do they help me portray a particular physical sensation, but they help bring my story to life.



For layout credits see page 81.

## 1 Communicating Experiences

Think about your senses of sight and touch first. When you look at your photos, note if there is something in your photo that you sensed when you took the photograph. Did you feel the wind in the air? Were you conscious of things moving around you? Once you realize which senses you used when you took the picture, you can more easily look for embellishments to help tell that part of the story.

On my *Chasing Rainbows* layout (left) not only did I want to capture a moment where my daughter was playing with her kite, but I wanted to share what was going on in the

*When you look at your photos, note if there is something in your photo that you sensed when you took the photograph. Once you realize which senses you used when you took the picture, you can more easily look for embellishments to help tell that part of the story.*

environment around us at that moment. I wanted to capture the sun shining down, the wind as it blew into my face and the fresh air. To do this, I started with the visual aspects of these feelings. I decided the cloud and rainbow embellishments were just enough to reinforce the sensation of playing with a kite, of metaphorically chasing rainbows. Next, I focused on capturing the feel of the wind. To do this, I used a twirled ribbon

element which looked as if it were blowing in the air. The final result of these element choices on my page really does help visually portray a windy, sunny day.



For layout credits see page 81.

## 2 Capturing Motion

In order to capture the sensation of movement, you first need to look at the motion in your photo. Was it straight or circular? How can you visually depict that movement? After you determine what type of motion you want to communicate, you can find an embellishment in your stash to bring this part of your story to life.

On the layout above, I wanted to capture what I remembered about being right there in that moment. I took these photos standing above my children as they played with their light spinners, and although my children were standing still, the light from the spinners created neon orbs of circular light. It was such a beautiful effect to see in person. I considered how I could emulate this movement and the light. The solution: several different circle-shaped embellishments to recreate the look of the neon lights. These elements help it appear the lights are jumping straight out of my photographs.





# Stitch Up Your Memories

by Lexi Bridges

**I can't seem not to sew on a project.** It has been my go-to technique since I began scrapbooking almost six years ago. I find that sewing gives my projects an added touch of texture and my pages just don't seem finished until I can see some stitching! Sewing can be used for a variety of purposes on a layout. I've found that I usually add sewing for functionality, journaling or design. And sometimes, I do it for all three of those reasons!



In my 24/7 layout (above), I stitched across the die-cut title and saved on some adhesive. You can also sew through chipboard elements, just remember to sew a bit slower. A thicker, denim-type needle is good if you do lots of chipboard sewing. *For layout credits see page 81.*



## 1 Functionality

Often, I use sewing strictly for the functionality it provides. Some of my older layouts with-out sewing now have certain embellishments or alphabet stickers lying in the bottom of the page protector. That is no good! Run your sewing machine across a title and you can be sure it isn't going anywhere.

## 2 Journaling

You can also sew to create a one-of-a-kind journaling box. I type, print or handwrite my journaling and then run the paper through my sewing machine to create a journaling box. You can even use your sewing machine to stitch journaling lines onto the page.

## 3 Design

Stitching can also add to the design of a page. If you like to play with misting and masks, follow the shape within the design with stitching to help add to it and draw interest. Add some sewing to packaged embellishments such as die cuts and patterned paper to make them more you and unique.

### Supplies I Use for Sewing

As I share my projects online and in person, I often get asked what kind of machine I use and specifics on needles and thread. I am not a sewing expert, but any sewing machine can stitch on paper. For best results, you might need to adjust the tension. Personally, I have a cheaper machine, a Brother, and I used the needle it came with for five, yes five, years. This battle-tested needle only recently broke. I buy whatever thread I can find, usually the more inexpensive kind, and have never had issues stitching on a page.

In *Farm Boy* (right), I sewed across the letter stickers in my title. **Tip:** Occasionally wipe your needle off with rubbing alcohol if it gets tacky from the glue from the stickers that accumulates on the needle as you sew through them.

### QUICK TIP:

An important key to sewing on projects is having your machine out and available. It might take a little more time, but I have never regretted this extra effort for the amount of texture and unique spin using sewing techniques adds to my layouts and I doubt you will either.



After typing the journaling on my *Farm Boy* layout (detail above), I created a simple box by sewing around my typewritten words.

**Tip:** When combining stitching and journaling, use sewing to highlight a specific word. Try underlining a single word with stitching or sewing a circle or box around a specific word that deserves more attention.



For layout credits see page 81.





# Organizing to Save Time

by Patty Debowski

For as long as I can remember I've been a scrapbooker of sorts. Way before the days of acid-free supplies, I documented my high school memories. My pages from the early 1980's include photos cut in every shape imaginable...all on the same page.

As I look back on my pages, one thing stands out: they're all about the photos and memories. While scrapbook trends come and go (pennants and chevron patterns are the current rage - tomorrow it will be something else), photos and memories will still get top billing.



For layout credits see page 81.

When my now-adult children were younger, I would get an occasional request from a relative or teacher for a certain type of photo. This would start off a hunt of epic proportions. To produce the photo, I would go through stacks of photo envelopes and boxes and occasionally remove one from a completed scrapbook page. It was a hassle, but surely my son couldn't be the only one on the team without a picture of him holding a football as a baby.

Fast forward several years and not a whole lot has changed. I still take a lot of photos, but now they all reside in dated folders on my computer. While this

*Tagging my photos in Organizer does take time, but once they're tagged I can whittle 400 photos of our recent trip to the beach down to about ten in no time at all which speeds up my scrapbooking dramatically.*

is somewhat better than my old photo storage setup, it's got its own set of issues.

It's not unusual for me to take more than 400 photos at a single event. With this many photos, how do I quickly find the photos I want to actually scrapbook? If I need photos from similar events, how do I quickly find them?

After almost drowning in digital photos, I decided I needed to organize my photos beyond just the date they were taken. My early attempts involved a lot of wasted time and hard drive space.

While there are several different types of organizing software to choose from, I decided to try the Organizer that is included with Photoshop Elements since I already use it to edit photos and create digital scrapbook pages.



*For layout credits see page 81.*

I found that with a little bit of tweaking, I could customize this program to fit my needs. Now, when I need photos to scrapbook an event from a couple of years ago, it's no problem. Do I need to find a photo from my grandson's first day of school for every year? No problem! When it's high school graduation time, I'll easily find my favorite photos of him and his best friend. Photos for the slideshow at his wedding? I'll have them in seconds flat.

Tagging my photos in Organizer does take time, but once they're tagged I can whittle 400 photos of our recent trip to the beach down to about ten in no time at all, which speeds up my scrapbooking dramatically.

After realizing the time-saving benefits of organizing my photos, I decided I needed to organize my digital-scrapbooking supplies, too. Now, in just seconds, I can quickly find the perfect red, white and blue paper with stars and stripes out of my stash of 60,000+ pieces of digital art.

Spend some time organizing your photos and scrapbooking supplies and I promise it will save you time for years to come.



by Riikka Kovasin

JUN / 9 2011

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For layout credits see page 81.

## 1 Creative Crayons

The easiest way to include your child's art on a page is by simply letting them draw on it. This gives the page an energetic, flowing feel. Choose a relatively plain scrapbooking paper and give your toddler a few crayons. If you already have a photo in mind, pick the colors from there. To add extra interest, choose a stencil with an open motif and let the child draw through it.

## 2 Inky Fingers

With this technique, you can either end up with a serene, polka-dot paper or a burst of color, it all depends how long you let your child work on the background and how much you guide the placing of the prints. You can use inkpads or paint to accomplish this technique. Simply push a little finger gently onto the pad and then use it like a stamp. Either let the child press the print on the paper or guide his/her hand. Use a different finger for each color so that your ink pads won't be contaminated and the colors get mixed.

## »»» QUICK TIP:

Add child-made embellishments to your layouts. To inspire you, my example pages also have embellishments kids have made: the white flowers are painted with watercolors and the stamped feathers are colored with felt pens.

## 3 Acrylic Action

Time to get messy! This technique gives a mixed-media look to the page and kids love doing it! Choose a few paint colors and squeeze them straight onto the background paper. I recommend you use an analogous color scheme so you don't end up with a brown paper! Let the child paint and spread the colors on the sheet.

## 4 Stampin' Around

Add extra interest to a page by letting your child stamp motifs on it. The choice of color and the stamp can greatly change the end result. Pastel colors give a more subtle look than the harsh contrast created by black ink. Choose a stamp that fits into your child's hand and preferably has an abstract image or one that doesn't have to be stamped in one direction (a star vs. word art). Ink the stamp and then let the fun begin. Re-ink the stamp every once in awhile and see your background come to life.

## »»» Tips for Creating with Toddlers

One point you should consider before giving paints or other supplies to a toddler is how much you want to stay in control and, of course, if the supplies are toxic or not. I have found it best to have some control over the creative process by choosing colors. That way, I don't end up with a brown or a black page in the end.

The key is to know color theory. Analogous color schemes (colors next to each other on the color wheel) work well with kids because even if all the chosen colors mix, they don't create a brown hue. Complementary colors (on opposite sides of the color wheel) can end up with a mess, but at the same time they can create wonderful effects. Feel free to experiment!



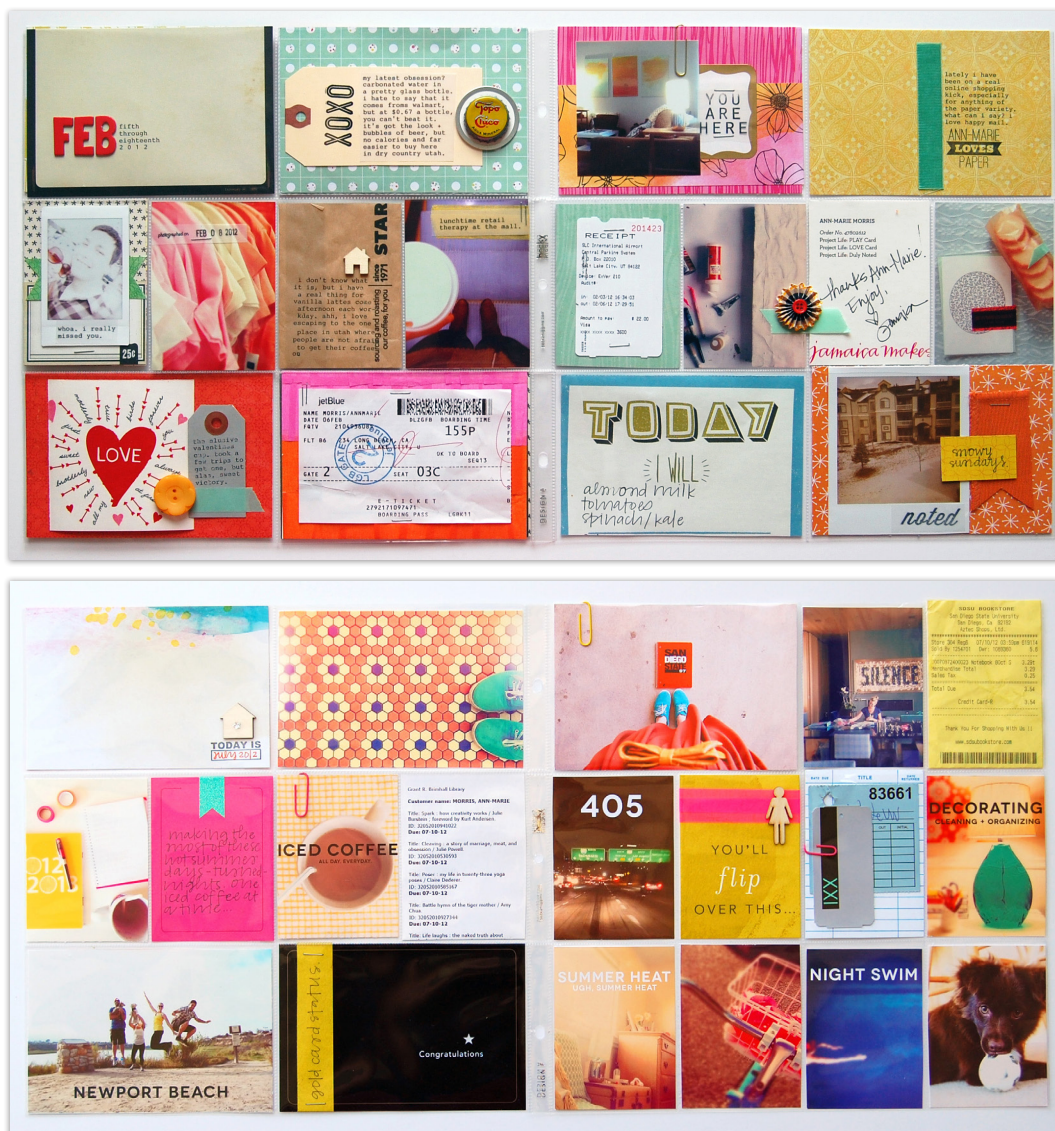


# Scrapbook Faster the Project Life Way

by Ann-Marie Morris

I discovered scrapbooking during my junior year of college and have never looked back. Not only has it been a tremendously fulfilling hobby, but it has opened countless doors in my professional life as well. Needless to say, I'm a big fan.

Over the years, my style and dedication to scrapbooking has evolved. Instead of making stacks upon stacks of 12x12 pages like I once did, I primarily use the Project Life system as a



For layout credits see page 81.

scrapbook these days. I love the way Project Life streamlines the memory-keeping process and provides a perfect landing spot for all of the photos and ephemera that I collect on a daily basis.

Since I am now in my second year of this type of scrapbooking, I have a few tips and tricks I use to simplify and expedite the creative process:

## 1 Instagram Photos

Aside from being an inspiring social-media outlet, Instagram is also a perfect platform for documenting the everyday with a smartphone in an aesthetically pleasing format. There are many ways to print these kinds of photos, but the easiest route for me is to download them from [web.stagram.com](http://web.stagram.com) and then drag each photo into Photoshop where I can edit and resize to fit the needs of my project.

## 2 Title First, Print Second

I am a major proponent of adding titles or journaling directly onto my photos with just a few clicks in Photoshop. Depending on the available white space in each photo and the message I want to convey, I generally choose a bold, sans-serif font in all-caps for my title and then include a small tagline underneath using a lightweight, italicized typeface. Not only does this trick speed up the crafting process, but it allows me to fine-tune my words before committing them to paper.

## 3 Social Media

In addition to including Instagram photos in my Project Life spreads, I also love to feature screenshots of tweets, Facebook status updates or a few sentences from a favorite email as well. Once I've taken a screenshot, I treat it just like a photo and drag it into Photoshop where I can resize it to fit a Project Life pocket.

## 4 White Space

No matter what type of camera I am using to capture a moment, I always make sure to include ample white space in all of my photos. Not only does white space allow for the eye to rest, but it makes adding embellishments or journaling directly onto the photo a snap.

## 5 Blog Posts

Whenever I'm feeling particularly stumped about what to journal, I will head straight to my blog and steal a few sentences from a relevant post. No need to do the same work twice!



For layout credits see page 82.

## 6 Actions

I love using Photoshop actions. They make editing as easy as the click of a mouse and turn even the most lackluster photo into a work of art! I download most of my actions from [deviantart.com](http://deviantart.com), but there are plenty of other free and paid resources out there, too.

## 7 Printing

One way I like to save time and money is to print my photos at home. Printing at home allows me to have full control over the sizing and quality of my images and it's instantaneous, too! To conserve ink in my all-purpose printer, I use the *Fast Draft, Black and White* setting for any document that does not contain photos. I also try to fit as many images as possible on a single 8.5x11 Photoshop canvas to maximize my pricey photo paper.





# Merging Pocket Style and Traditional Scrapbooking

by Jenni Hufford

Project Life, or pocket-style scrapbooking, has become quite popular among scrapbookers. Becky Higgins created this concept using divided page protectors in order to document a week at a glance by adding photos and journaling cards. I began using this approach in August of 2011 and instantly fell in love with this simplified method of preserving memories. It allowed me to tell our story in a complete and fluid manner.



For layout credits see page 82.

At the same time I found joy in this new method of documenting, I also began to wonder where traditional layouts could fit in my albums. For a time, my traditional paper-scrapped layouts were placed in a separate album. Unfortunately, I rarely looked at them since Project Life became our main album. This resulted in a decrease in my creating traditional layouts altogether. It wasn't until recently that I discovered it is possible to enjoy both pocket-style scrapbooking and traditional scrapbooking by merging them into one album.

## 1 Include layouts within a spread.

Quite simply, the first way to incorporate traditional layouts with pocket-style scrapbooking is to include layouts in your spread. This seems so simple, but once I realized it was acceptable, I was inspired to try new and different things in terms of creating one cohesive album. When a layout is included in a spread, one must consider a way to back the 12x12 space. I have found that placing a 12x12-inch photo on the reverse side of layout is a great way to back a traditional page.

## 2 Create a mini layout with ephemera.

Pocket-style scrapbooking is the perfect time to experiment with different-sized layouts featuring various objects. The 8.5x11-inch sized layout is the perfect addition to a Project Life layout because this size can be easily incorporated within the week. Often, when I create an 8.5x11 page for my album, I add unexpected ephemera to this mini layout. I love to challenge myself to think outside of the box and combine a traditional layout with the concepts represented in Project Life.

### QUICK TIP:

Ideas for unexpected ephemera to include within a layout: catalog inserts, Valentines, school artwork or papers, magazine covers and even grocery bags.

## 3 Build a layout or focal point with pocket pages.

When considering the Project Life pocket pages, think of each individual pocket as its own layout space or combine pockets to create a focal point within your layout or spread. The entire page of pockets can work together to create one statement.

For layout credits see page 82.







## Mini Albums: Another Approach to Memory Keepsakes

by Celine Navarro

I was into art journals and altered books long before I started scrapbooking. My love for keeping a journal has never ceased and, even though I don't get to art journal like I used to, I've made mini books for years. Whether they are made out of paper, fabric, vellum or a mix of all these, mini albums are a simple way to include more pictures.

Mini albums are a way to tell a longer story or honor a bigger event. They require more pages, more time, more material and more photos than a single layout. You can definitely scrapbook a whole vacation in a 6x6-inch mini album. In one mini book, you can mix plane tickets, souvenirs, pockets with dried flowers and sand along with big 6x6-inch printed photos.

With traditional 12x12 or 8.5x11 layouts, you are stuck with that size of canvas for preserving your memories. Mini albums don't have to be a specific size or length. You decide! When I'm making a mini album, I rarely ever measure: I just cut into paper and make everything fit together.



When I've completed a mini album, I always display it in my home. I find that they are much easier to grab and take a look at than heavier scrapbook albums. I love using a basket in my living room, where I enjoy how easily and how often my family admires these memory keepsakes.

## 3 Reasons I Love Mini Albums

### 1 Mini albums save time

It's faster to create one mini album about your cousin's wedding than building twenty 12x12 layouts on the same subject.

### 2 Mini albums save money

A smaller page size makes your supplies go further than scrapping many large, traditionally sized layouts.

### 3 Mini albums help you maintain focus

While you make your mini album, you won't get distracted by another theme or project. You'll be able to finish scrapping all the photos from a single event.



For layout credits see page 82.

## HOW TO GET STARTED

- **Start simply.** Making a mini album can guide you to a new way of being creative and discovering new things. If you have never made one, you might be intimidated. Keep things simple and you'll be fine.
- **Start gathering** memorabilia and scrapbook supplies that coordinate with your album theme.
- **Spread your photos** on your desk and note the main colors popping out in them. This guides you as you choose papers.
- **Begin scrapping.** Follow your heart and pick whatever embellishment you want to work with first and start a page. Remember, with a themed mini album your creative field is never ending: shapes, colors, supplies, colors, fonts - you can do anything to tell your story.

**Never fear:** *this is just scrapbooking.* As long as you're having fun, you'll love your mini album.





# Practical Ways to Overcome Creative Block

by Allison Waken



Scrapbooking is as much a creative outlet as it is the preservation of memories.

I know for myself, I have seasons where I'm in a good groove, creating page after page. There are other times when I just can't seem to get a page done in a month, which can be frustrating when you have piles of stories waiting to be told. I use each of the following techniques to overcome creative blocks when scrapbooking and love them for different reasons.

Hand stitching adds dimension and texture as well as a personal touch to a layout.



For layout credits see page 82.

## 1 Find inspiration

Most of my pages start from some form of inspiration. Get ideas from your old pages, pages of your scrapbooking idols or pages you've pinned on Pinterest. When that doesn't work, look outside the scrapbooking world. I love using magazine spreads and ads as layout inspiration. Finding ideas that inspire shouldn't stop at paper media. Use the world around you to spark creativity. Try combining new and exciting patterns from fashion or home design, study how food photographers set up their shots or pull colors from your favorite spot like the beach. Use whatever motivates and moves your creativity.

## 2 Take a break

Yes, a break from scrapbooking sometimes works, but what about a break from your normal routine? Scrapbook in the morning, learn to make a mini album or try your hand at creative journaling. It's easy to get into a routine, but break it up a bit with something new. If you really want to get a page done, split it up into smaller sections and use a divided page protector. Smaller cards and areas to work with can sometimes be a welcome reprieve from starting with a larger canvas.

## 3 Get back to basics

I often get caught up in the latest trends or techniques and find it refreshing to step back a bit. I love using a grid for the base of a back-to-basics page. It's simple, clean and straightforward. Instead of thinking strictly in squares, try moving a grid around a bit by using triangles or hexagons as a base structure. This is a great way to layout a page and it can have many different variations. Go simple with just photos and paper or add lots of interest with squares of clustered embellishments.

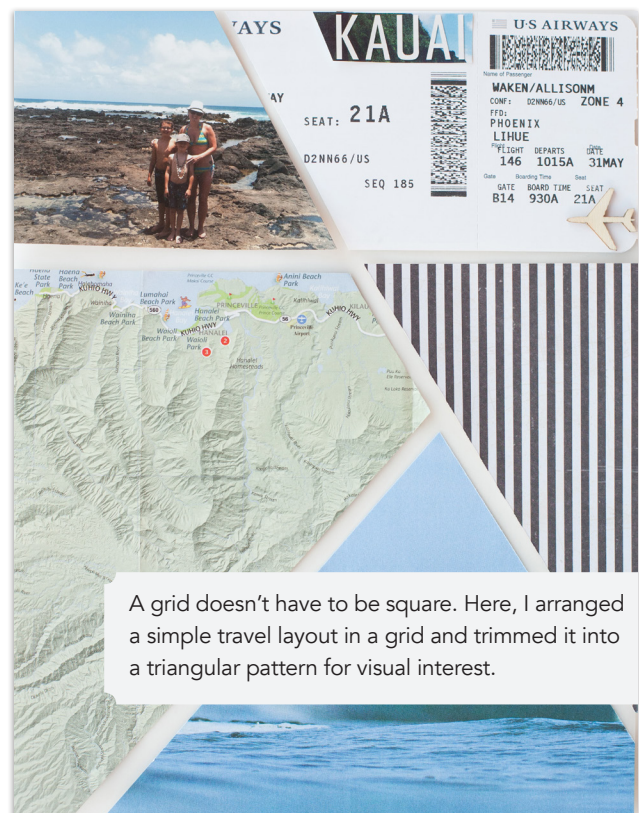
## QUICK TIP:

### Diagnosis: Creatively Blocked

Suffering from creative block is completely normal and par for the course. Get creative in overcoming it by stepping out of your comfort zone and you may find yourself in that place less often. Recording our everyday is not only for our family, but also for us. Enjoy the process and have fun discovering your creative side while you're at it.

## 4 Do something new

Trying a new product or technique can be intimidating, but it can also be a creative experiment. Hand stitching is becoming quite popular. Give it a go using an easy stitching template. Painting on a layout can be as simple as applying a bit of gesso to tone down the background and gives you an exciting feeling of doing something fresh and new. Use foil, paper towels or sponges to apply paint to a background paper. Make a scrapbook page using only your photos, no embellishments or patterned paper, just a unique display of a favorite snapshots.



A grid doesn't have to be square. Here, I arranged a simple travel layout in a grid and trimmed it into a triangular pattern for visual interest.

For layout credits see page 82.



## Project Credits

**COVER | Supplies:** *Patterned Paper:* Project Life Designer Paper, Seafoam Edition. *Alphas:* Studio Calico Spencer's Scrapbook Kit. *Washi tape and stars:* Studio Calico Block Party Scrapbook Kit.

### Capturing Moments

**8-9 | 1972** by Kerri Bradford. **Supplies:** Cardstock and sentiment stamp: American Crafts. *Paper:* Bo Bunny. **Digital Supplies:** Flourish, arrow, envelope, tags, and report card: kerribradford.com. *Die-cut machine:* Silhouette. *Date stamp:* Studio Calico. *Fonts:* URW Clarendon, Myriad Pro.

**10 | Big Wheel** by Amy Mallory. **Digital Supplies:** *Template:* Layer Works No. 277, Studio Double D. *Kit:* Polar Mountain Kit by Katie Pertiet. *Word art:* Go Here Brushes and Stamps by Ali Edwards. *Fonts:* Century Gothic, TXT Longhand. *Software:* Adobe.

**11 | Summer Sunset** by Amy Mallory. **Digital Supplies:** *Kit:* Summer Sunset Kit by Lynn Grieveson. *Paper:* Classic Cardstock: Be Mine by Katie Pertiet. *Embellishments:* Clean Stitched Rounded Corners: Black No. 01, Hinge Pack, Messy Stitched Borders: Red No. 01, Wire Rimmed Charms No. 01, Messy Stitched Borders: White No. 01 and Ornament Collection No. 01 by Katie Pertiet. *Brushes:* Dynamic Glows Brushes and Stamps No. 01 by Katie Pertiet; Hello Summer Hand Drawn Brushes, Bring On the Sun Brushes and Stamps and Painted Borders and Grid Brushes and Stamps by Ali Edwards; *Doodles:* Summer by Studio Double D. *Software:* Adobe.

**12 | M & C Turn Three** by Catherine Davis. **Digital Supplies:** *Fonts:* Landi Echo, AW Conqueror Sans. *Software:* Photoshop CS6.

**14-15 |** All photos are family photos.

**16-17 |** All photos by Elisha Snow.

**18 | There Is Always a Story to Tell** by Tangie Baxter. **Digital Supplies:** All by Studio Tangie at Scrapbookgraphics.com. *Paper:* You are Brilliant! Collection. *Gesso overlay:* Gesso Messy #15. *Spray ink overlay, word art, gesso splatters, star stamp, blue doily and splatters:* The January '13 Art Journal Caravan Parcel Collection. *Gel transfers:* Gel Transfers #2 {Circus}. *Translucent paint styles:* Cartography Set #33. *Fonts:* Mary Ann and Car-diff by Studio Tangie. *Software:* Photoshop CS4.

**19 | 1) Blessing** by Tangie Baxter. **Digital Supplies:** All by Studio Tangie at Scrapbookgraphics.com. *Paper:* Foil Wall-paper #3. *Gesso overlays:* Gesso Messy #14. *Black splatter, doily, receipt stamp:* Journal Anthology #9. *Arrow, silver glitter, glow spray and star doodles:* Up, Up and Away! (cont.)

**19 (cont.) | Colored splatter, paper strips, word art and stitching:** Wishing and Waiting. *Washi tape:* Art Journal Caravan 2012 Parcel 19. *Translucent paint styles:* Cartography Set #33. *Font:* Mary Ann by Studio Tangie. *Software:* Photoshop CS4. **2) Chaos** by Tangie Baxter. **Digital Supplies:** All by Studio Tangie at Scrapbookgraphics.com. *Paper:* Wishing and Waiting. *Spray ink splatters:* Misty Misters #1. *Spray ink starburst:* Misty Ink Overlays #4. *Spray ink rectangles:* Misty Ink Overlays #7. *Ribbon gesso clusters:* Gesso Messy #12. *Number splatter:* Inkstastic #2. *Watercolor effects:* Watercolor Styles I. *Font:* Urbana. *Software:* Photoshop CS4. **3) Learning to Let Go** by Tangie Baxter. **Digital Supplies:** All by Studio Tangie at Scrapbookgraphics.com. *Paper, word art, label word art and ephemera:* Lost and Found. *Accents, splatter graffiti and specimen tag:* Field Notes IV Spring. *Painted masking tape:* The Spark Project: The Greatest Curiosity. *Translucent paint styles:* Cartography Set #33. *Font:* Jabberwock by Studio Tangie. *Software:* Photoshop CS4.

**20 | Gastronome** by Kelly Purkey. **Supplies:** *Patterned paper:* Basic Grey. *Vellum:* Paper Source. *Stickers:* Basic Grey. *Die-cut embellishments:* American Crafts. *Washi tape:* MT. *Punch:* Fiskars. *Clip:* Stampin' Up. *Pen:* American Crafts.

**21 | Birthday Brunch** by Kelly Purkey. **Supplies:** *Patterned paper:* My Mind's Eye. *Vellum:* Paper Source. *Stickers:* Pebbles; October Afternoon. *Stamps:* Studio Calico. *Buttons:* October Afternoon. *Mist:* Studio Calico. *Ink:* Hero Arts. *Pen:* American Crafts.

**22 | 1) Photo** by Linda Sattgast. **2) After Amplify Your Image** action is applied. *Effect* by Jan Walker, *Action* by Linda Sattgast.

**23 | 1) After Vintage Texture** action by Linda Sattgast was applied. **2) Photo** used as the background for my scrapbook page. **Digital Supplies:** *Paper overlay:* Count the Ways by Joanne Brisebois. *Postcard:* Off We Go by Susan Bartolini. *Filmstrip:* Seaside Vacation by Digital Scrapper Designs. *Postcard overlays:* Travelmate Postcard Overlays by Susie Roberts. *Compass stamp:* Travel Adventure by Linda Sattgast. *Font:* Minion Pro. *Software:* Adobe Photoshop CS5. **3) Photo** by Linda Sattgast. **4) After two actions** were applied: *Noiseware* and *High Key* by Linda Sattgast. **5) After the Curved Photo & Drop Shadow** action by Linda Sattgast was applied.

### Telling Stories

**26 | Home** by Wendy Smedley. **Supplies:** *Patterned paper:* Crate Paper, Basic Grey. *Floral embellishments:* French General for EK Success. *Chipboard letters:* Doodlebug Design, Scenic Route. *Letter stickers:* Jil-libean Soup. *Wood buttons:* Maya Road. *Other:* washi tape, twine.

**27 | Family** by Wendy Smedley. **Supplies:** *Patterned paper:* Crate Paper, Basic Grey, Becky Higgins. *Stickers:* Crate Paper. *Letter stickers:* American Crafts. *Washi tape:* MT Haute.

**28** | *And Now It's Gone* by Karen Grunberg. **Supplies:** *Papers:* My Little Yellow Bicycle. *Alphas:* American Crafts and Adornit.

**29** | *Your Smile Will Never Be the Same* by Karen Grunberg. **Supplies:** My Mind's Eye.

**30** | *Adventure* by Amanda Jones. **Supplies:** *Chevron paper:* Classic Calico by Studio Calico. *Star stencil:* Jenni Bowlin Studio. *Washi tape:* Kawaiigoodies (Etsy). *Ink:* Ranger. *Cardstock:* Bazzill. *Digital cutting files:* Adventure Card by Loni Stevens; chevron banner by Sarah Hurley. *Die-cutting machine:* Cameo by Silhouette.

**31** | **1)** *Horse Magnet* by Amanda Jones. **Supplies:** *Kit:* JBS Mercantile. *Papers:* Modern Mercantile by Jenni Bowlin Studio. *Button:* Reader Flatbacks by Jenni Bowlin Studio. *Wood veneer:* Freckled Fawn. *Alphabet stickers:* My Little Shoebox. *Cardstock:* Bazzill. **2)** *No Fun Anymore* by Amanda Jones. **Supplies:** *Papers:* striped: Portrait by Crate Paper; dotted: Paper Reverie by Making Memories. *Mist:* Mr Huey Mists: Studio Calico. *Cardstock:* Bazzill. *Filter paper embellishment:* Fancy Pants. *Alphabet stickers:* Basic Grey. *Die-cutting machine:* Cameo by Silhouette.

**32** | *Empty Voicemail* by Jennifer S. Wilson. **Supplies:** *Cardstock:* Bazzill Basics. *Patterned paper:* Basic Grey. *Washi tape:* October Afternoon. *Letter stickers:* American Crafts. *Journaling card:* Elle's Studio. *Embellishment:* Crate Paper.

**33** | **1)** *The Artist* by Jennifer S. Wilson. **Supplies:** *Cardstock:* Bazzill Basics. *Patterned paper:* Studio Calico 34th Street Card Kit. *Washi tape:* Freckled Fawn. *Letter stickers:* American Crafts. *Journaling card, mist, mask, wood veneers:* Studio Calico. *Stamps:* Kelly Purkey. **2)** *Hot Date* by Jennifer S. Wilson. **Supplies:** *Cardstock:* Bazzill Basics. *Patterned paper:* Studio Calico Sock Hop Card Kit. *Washi tape:* Freckled Fawn. *Letter stickers:* American Crafts. *Stamps:* Kelly Purkey. *Wood veneers:* Studio Calico.

**34** | *Lagoon Adventures* by Amy Sorensen. **Supplies:** *Papers:* Striped yellow: Echo Park; blue geometric, multi-color stripe and orange dots: My Mind's Eye; red diagonal stripe: Bo Bunny. *Stickers:* Echo Park. *Font:* Arial. *Die-cutting machine:* Silhouette.

**35** | *Untitled* by Amy Sorensen. **Supplies:** *Papers:* All patterned paper: Teresa Collins. *Stickers:* foam stickers: American Crafts; sans-serif alphabet stickers: Lilly Bee; turquoise alphabet stickers: Teresa Collins. *Fonts:* Vaf Rojo, Five Dozen, Machine Script, Oranienbaum.

**36** | *Cake Race* by Leah Farquharson. **Supplies:** *Papers:* Red wood-grain: Wonderland collection; Talk bubble and blue with green diamond: Darling Dear collection by Studio Calico; Yellow circle, blue camera, striped background, green and white herringbone: Ready, Set, Go! by Amy Tangerine. *Wood veneer:* Tiny Stars: Classic Calico Vol. 2 collection; People: Take Note Collections; Triangles and diamonds: Darling Dear collection by Studio Calico. *Thickers:* Chap Collection by American Crafts. *Grosgrain ribbon:* Lucky Charm collection by American Crafts. (cont.)

**36 (cont.)** | *Arrow stamp:* Oh Snap set by Hero Arts for Studio Calico. *Camera chipboard talk bubble:* Darling Dear collection by Studio Calico. *Gems:* Darling Dear collection by Studio Calico. *Stickers:* Whipped White Alphabetian Cardstock Stickers from Jillibean Soup. *Buttons:* 9-5 collection by October Afternoon. *Flair button:* PandaEIGHT etsy shop. *Ink:* Studio Calico; American Crafts.

**38** | *Overheard* by Joscelyne Cutchens. **Supplies:** *Papers, buttons, die-cut transparencies, cardstock, chipboard stickers, Hello stamps:* Hey Boy Collection by BasicGrey. *Ink:* Tsukineko. *Time flair:* Bossy Joscie. *Twine:* Whisker Graphics. *Tiny attacher:* Tim Holtz. *Foam adhesive:* American Crafts. *Other:* mini glue dots, sewing machine. *Font:* Futura Black. *Software:* Adobe PhotoShop CS5.

**39** | **1)** *Look Mom It's a Repulsor Ray* by Joscelyne Cutchens. **Digital Supplies:** *Chevron and quatrefoil:* MyLife365 by Polka Dot Pixels. *Kraft paper:* In The Wild by Polka Dot Pixels. *Button:* Michelle Underwood. *Stitches:* Robin Meierotto. *Alpha:* Erica Hernandez. *Today cards:* Hello Forever. *Fonts:* Impact, Futura Lt, Lobster 1.3. *Software:* Adobe PhotoShop CS5. **2)** *Wow! It's Alabama Cold* by Joscelyne Cutchens. **Supplies:** *Papers, puffy accents, clothespins, stickers, die-cuts, letter stickers:* Yes, Please by Amy Tangerine. *Twine:* Whisker Graphics. *Wood veneer:* Studio Calico. *Foam adhesive:* American Crafts. *Other:* mini glue dots, craft glue dots, sewing machine. *Fonts:* Helvetica. *Software:* Adobe PhotoShop CS5.

**40** | *Big Little Ouch* by Amy Martin. **Digital Supplies** (all from the-lilypad.com): *Papers:* Cardstock: Micheline Martin; Salvaged Whites: Rachel Young. *Font:* Pea Carrie. *Template:* Vintage Angles 5. *Stitching:* Needed More Stitching 4 by Amy Martin. *Felt, paint:* Stax On Chevrons. *Stars:* Turn It Up by Kaye Winiecki. *Alphas:* Bubble Mailer. *Stars:* Ornamental by CD Muckosky. *Paint:* Spaced Out by Lynne Marie Favreau. *Photo overlay:* A Bit Worn by Valorie Wibbens. *Stencil letter:* Trashed Stencils by Traci Reed. *Wordart:* Bruises and Breaks by Kate Hadfield. *Software:* Photoshop CS5.

**41** | *I Won't* by Amy Martin. **Digital Supplies** (all from the-lilypad.com): *Papers:* Kraft: Gina Miller. *Font:* Ghostwriter. *Cards, flowers, tag:* A Wonderful Day by Sahlin Studio. *Thread:* Needed More Mess by Amy Martin. *Wordart:* Headliners by Paislee Press; Secret Elements by Allison Pennington. *Arrows:* Artsy Bits Christmas. *Tape:* Photogram by Micheline Martin. *Frame:* Journal Junkie. *Hearts:* Winter with You. *Alphas:* Hippiity Hop by CD Muckosky. *Software:* Photoshop CS5.

**42** | *Untitled* by Crystal Wilkerson. *Fonts:* Gibson Bold and Regular, Bebas Neue. *Software:* PhotoshopCS4.

**43** | *Untitled* by Crystal Wilkerson. *Fonts:* Gibson Regular, Thirsty Script, Trend Sans. *Software:* PhotoshopCS4.

**44** | *Home School* by Lain Ehmann. **Supplies:** *Paper:* Scenic Route. *Washi tape:* Target. *Border punch:* EK Success. *Stamp:* Unknown. *Embossing powder:* Zing! from American Crafts. *Labels:* Cosmo Cricket, October Afternoon.



## Credits Continued

**45 |** *Kinsey/Mom* by Lain Ehmann. **Supplies:** Paper, large dots: Unknown. Small dots: KI Memories. Circle punch: EK Success. Die-cut machine: Silhouette Cameo. Fonts: Arial Narrow, Feel Script. Journaling cards: created in Photoshop Elements.

**46 |** *Out of this World* by Donna Jannuzzi. **Supplies:** Patterned paper: blue geometric and orange checkerboard: Toy Box by Crate Paper; green circles: Studio Calico; yellow polka-dot: Rocket Age by October Afternoon. Chipboard letters: American Crafts. Chipboard: Jenni Bowlin. Buttons: Pebbles. Stickers: Crate Paper; October Afternoon. Punches: Fiskars. Embossing powder: American Crafts. Date stamp: Staples. Ink: StazOn.

**47 |** *We Live in a Beautiful World* by Donna Jannuzzi. **Supplies:** Patterned paper: patterned kraft: American Crafts; clouds, green vine, green dot, orange grid, pink vine: Happy Go Lucky by Pebbles; orange dot, geometric: Studio Calico. Cardstock: American Crafts. Chipboard letters: American Crafts. Border punches: EK Success. Die-cutting machine: Silhouette Cameo.

## Creating Memories

**50 |** *One Sided Conversation* by Karla Dudley. **Digital Supplies:** Papers: Life 365 Part 1, Nillie, Go Part 1, Fickle and This Week by Karla Dudley. Page template: Everyday Life Templates Collection by Karla Dudley. Word brushes: Life 365 Frames, Life 365 Stamp Sheet and Retrospect Badges by Karla Dudley. Word label sticker: Life 365 Word Stickers by Karla Dudley. Word bubble sticker: Life 365 Stamp Sheet. Staples: Me Time by Karla Dudley. Acrylic love: Clear Essentials 1 by Karla Dudley. Alphabet stamp brushes: Calipso Brush Alphas and Brook Loft Alphas 2 by Karla Dudley. Paint frames: Painted Edges by Karla Dudley. Font: DaisyWheel. Software: Photoshop CS6.

**51 |** Page Template from Everyday Life Templates Collection by Karla Dudley.

**52 |** *Read* by Cindy Schneider. **Digital Supplies:** Kit: A Brand New Day by Shawna Clingerman, Erica Zane and Libby Pritchett. Elements: Tag by Julie Billingsley; Paint splatter by Peppermint Creative. Fonts: The Pencil by Heather Hess, Bebas, Alex Script. Templates: Half Pack 2 by Cindy Schneider; Paperclips - Backgrounds 2.0 by Libby Pritchett. Software: Adobe Photoshop CS2.

**53 | 1)** *Our New Addition* by Cindy Schneider. **Digital Supplies:** Kit: On the Bright Side by Erica Zane and Kristin Cronin-Barrow. Alphas: Color Spectrum Alpha and Art and Soul Alpha - Bolds by Julie Billingsley.

**53 (cont.) |** Elements: Cutouts by Jenn Barrette, Oodles of Strings 1 and I Heart Ribbons by Julie Billingsley. Font: Gonna Share My Story by Darcy Baldwin. Template: Half Pack 70 by Cindy Schneider. Software: Adobe Photoshop CS2. **2) Digital Supplies:** Template: Set 129 by Cindy Schneider. Software: Adobe Photoshop CS2. **3) Every Picture Tells a Story by Cindy Schneider. **Digital Supplies:** Kit: That Thing You Do by Shawna Clingerman. Fonts: Carly Sue Got Married by Darcy Baldwin. Templates: Half Pack 73 by Cindy Schneider and Layered Cards Everyday 2 by Cindy Schneider. Software: Adobe Photoshop CS2.**

**54 |** *Oh So Pretty* by Laura Vegas. **Supplies:** Patterned paper: Happy Go Lucky by Pebbles. Cardstock: American Crafts. Letter stickers: black: Pebbles; white: Doodlebug. Chipboard: Happy Go Lucky by Pebbles. Tools: scalloped border punch: Stampin' Up. Font: 2Peas Yo-Yo. Adhesive: Scrapbook Adhesives, Therm-O-Web. Other: machine stitching, staples.

**55 | 1)** *Boo* by Laura Vegas. **Supplies:** Patterned paper: aqua, green: Winter Wonder by Bella Blvd; red: Mr Boy by Bella Blvd; white grid: Family Dynamix by Bella Blvd. Cardstock: American Crafts. Rhinestones: Hero Arts. Tools: die-cut machine: Silhouette; digital die-cut shapes: Kerri Bradford Studio; scalloped border punch: Fiskars. Ink: Stampin' Up. Font: Old Remington. Adhesive: Scrapbook Adhesives, Therm-O-Web. Other: string. **2) Time for Soccer by Laura Vegas. **Supplies:** Patterned paper: star: Rocket Age by October Afternoon; red, blue: Mr Boy by Bella Blvd; grey: Hello Beautiful by Bella Blvd. Cardstock: American Crafts. Die cut: Doodlebug. Letter stickers: red: Jillibean Soup; blue: Bella Blvd. Phrase sticker: Making Memories. Brads: Brad Depot. Tools: die-cut machine: Silhouette; circle cutter: Creative Memories; scalloped border punch: Stampin' Up. Font: Old Remington. Adhesive: Scrapbook Adhesive, Therm-O-Web. Other: Staples.**

**56 |** *Thank You for the Beautiful Memories My Friends* by Mandy Koeppen. **Supplies:** Kit: Cocoa Daisy Double Feature February 2013. Patterned paper: Pebbles, Studio Calico. Vellum: Staples. Transparency: KI Memories. Thicker letters: American Crafts. Adhesive: Scotch ATG. Foam dots: Recollections. Photo taken by Adrian Abbott.

**57 |** *Our New Nightly Routine* by Mandy Koeppen. **Supplies:** Kit: Cocoa Daisy Hello Sunshine June 2012. Cardstock: American Crafts. Alphabet stickers: Jillibean Soup, American Crafts. Border sticker: Basic Grey. Adhesive: Glue Arts.

**58 |** *10* by Lisa Dickinson. **Supplies:** Cardstock: Bazzill Basics. Patterned paper: Jenni Bowlin Studio, Pink Paislee Junque, Crate Paper Dresses.

**59 | 1)** *Anticipation* by Lisa Dickinson. **Supplies:** Cardstock: Bazzill Basics. Paint dabbers: Jenni Bowlin for Ranger. Patterned paper: Sassafras by Studio Calico. Flowers: Studio Calico. Silhouette: QuickCutz. Fonts: Halo Handletter, Triumph Tippa. Other: machine stitching. (cont.)

**59 (cont.)** | *Wooden buttons*: Studio Calico. *Wooden letter*: Pink Paislee. *Stamps and ink*: Jenni Bowlin Studio. *Decorative scissors and punch*: Fiskars. *Font*: Typenok-sidi. *Other*: machine stitching. **2)** *Favorite Photos* by Lisa Dickinson. **Supplies**: *Kit*: Studio Calico. *Cardstock*: Bazzill Basics. *Patterned paper*: Echo Park, Studio Calico, October Afternoon. *Stamps*: Studio Calico, Hero Arts. *Ink*: Jenni Bowlin Studio, Studio Calico. *Punches*: Creative Memories, Fiskars. *Pins*: Basic Grey. *Ribbon*: May Arts. *Decorative scissors*: Fiskars. *Silhouette*: QuickKutz.

**60** | *Every Single Day* by Jill Sprott. **Supplies**: *Papers and journaling cards*: Day by Day by Elle's Studio. *Glitter tape*: American Crafts. *Fonts*: Almain, Typenok-sidi, OSP-DIN. *Die-cut machine*: Silhouette Cameo.

**61** | *Life Behind the Scenes* by Jill Sprott. **Supplies**: *Papers*: yellow background paper and multi-colored book: Sweet Notes by Webster's Pages; cloud and striped: Studio Calico; blue watercolor: Acorn Avenue by Crate Paper; white ledger: The Sweetest Thing by My Mind's Eye; green background and blue ledger: Soleil by BasicGrey; green polka-dot: Storyteller by Crate Paper; text: Yours Truly by Glitz Design; striped/text/mint combination: DIY Shop by Crate Paper. *Washi tape*: black/white striped and black/white diagonal: DIY Shop by Crate Paper; gray and white wood-grain: Jenni Bowlin Studio; days of the week and pink and red: KI Memories. *Label stickers*: My Mind's Eye. *Chipboard*: Darling Dear by Studio Calico. *Mist/spray ink*: October Afternoon Sprinklers. *Flair/badges*: Lesson 115 by Jenni Bowlin Studio; Hello Everyday by Evalicious. *Stamp and die-cut question-mark tag*: Ormolu. *Stickers*: Sn@p! by Simple Stories; Know This by Jenni Bowlin Studio. *Tags*: Evalicious. *Other*: dictionary page (vintage).

**62** | *Chasing Rainbows* by Krista Sahlin. **Digital Supplies**: *Kits*: Puddle Duck by Kaye Winiecki; Arabian Adventure by Britt-ish Designs. *Ribbon*: Sugarplum Paperie. *Staple*: Sahlin Studio.

**63** | *Light Spinners* by Krista Sahlin. **Digital Supplies**: *After Dark Bundle* by Sahlin Studio; *After Dark Freebie* by Sahlin Studio.

**64** | *24/7* by Lexi Bridges. **Supplies**: *Paper*: ledger, polka-dot, brown, heart: The Sweetly Smitten collection by Sassafras. *Stickers*: Sassafras. *Felt embellishments*: Sassafras. *Die cut*: Floral by Sassafras. *Brads, buttons*: Sassafras. *Tag*: Green by Studio Calico. *Shipping tag*: Office Depot. *Punch*: Fiskars. *Mist*: Studio Calico. *Die-cut machine*: Silhouette. *Adhesive*: American Crafts. *Sewing machine*: Brother. *Typewriter*: Remington. *Other*: sewing thread, vintage paper.

**65** | *Farm Boy* by Lexi Bridges. **Supplies**: *Papers*: polka-dot, green, gingham, denim: Farm Girl collection by October Afternoon; ledger: Witch Hazel collection by October Afternoon; wood-grain: 9 to 5 collection by October Afternoon. *Stickers*: Make it Merry collection by October Afternoon. *Embellishments*: brads, washi tape, buttons, label die cuts, tin pin: Farm Girl (cont.)

**65 (cont.)** | collection by October Afternoon; enamel dots: Boy Crazy collection by My Mind's Eye. *Die-cut machine*: Silhouette. *Pen*: American Crafts. *Adhesive*: American Crafts. *Sewing machine*: Brother. *Typewriter*: Remington. *Font*: Pacifico. *Other*: sewing thread, vintage paper.

**66** | *Almost 2* by Patty Debowski. **Digital Supplies**: *Template*: Letters, Numbers, Punctuation Templates by www.TheDigitalScrapbookTeacher.com. *Software*: Adobe Photoshop Elements. *Font*: Scriptina.

**67** | *Gannon* by Patty Debowski. **Digital Supplies**: *Template*: 12x12 Templates #1 set by www.TheDigitalScrapbookTeacher.com. *Kits*: Falltime Paper Kit by www.TheDigitalScrapbookTeacher.com. #G Montage Class Kit by www.TheDigitalScrapbookTeacher.com. *Software*: Adobe Photoshop Elements. *Font*: Sheila.

**68** | *Giddy Up* by Riikka Kovasin. **Supplies**: *Papers*: background and yellow tapestry: The Sweetest Thing by My Mind's Eye; grey/pink: Sodalicious; large polka-dot: Maybe Baby by DaisyD; polka-dot: ColorConspiracy; striped: Texturize by ColorConspiracy; tape measures: This and That Graceful by Echo Park Paper. *Alpha*: Dear Lizzy 5th and Frolic by American Crafts. *Embellishments*: button: The Snap Decision by Stash Panache; badge: ColorConspiracy; sticker: Everyday by ColorConspiracy; paper clip: Smash-line by K&Company; Tag: Maybe Baby by DaisyD. *Stamps*: feather: 31 Wintertage by Scrapperin; text: Printery by Prima Marketing; date: Becky Higgins. *Punches*: medium circle: Stampin'Up; small and big circle: Fiskars. *Media*: embossing powder: WOW; watermark ink: Tsukineko; other: crayons, felt pens.

**69** | *Craftin' 2Gether* by Riikka Kovasin. **Supplies**: *Papers*: background: 31 Wintertage by Scrapperin; triangle: Vivid by ILS; ledger: Follow Your Heart by My Mind's Eye; number: Every Day by ColorConspiracy; pale polka-dot: Handmade by LilyBee. *Alpha*: American Crafts. *Embellishments*: badge: ColorConspiracy; star: Studio Calico; stickers: Tim Holtz Idea-ology; other: thread. *Stamps*: feather: 31 Wintertage by Scrapperin; date: Becky Higgins. *Stencils*: Ed Roth. *Media*: ink: Distress Ink by Ranger; other: acrylic paint, felt pens.

**70** | **1)** *Untitled* by Ann-Marie Morris. **Supplies**: *Papers*: aqua polka-dot, pink and orange tissue paper: Neapolitan by American Crafts; hot pink wood-grain, watercolor, black-and-white stars: Sketchbook by American Crafts; orange stars: Fresh Squeezed by American Crafts; cream-and-black, yellow: Story Teller by Crate Paper; aqua wood-grain: Peppermint by Crate Paper; vellum: Office Depot. *Stamps*: You Are Here by Studio Calico; date stamp: Neapolitan by American Crafts. *Ink*: Tsukineko. *Wood veneer*: Studio Calico. *Button*: Crate Paper. *Ribbon*: Making Memories. *Tags*: manila: Avery; gray: Etsy. *Letter stickers*: American Crafts. *Paper clip*: Office Depot. *Decorative tape*: MT Tape. *Pen*: American Crafts. *Page protector*: Project Life by Becky Higgins. *Software*: Photoshop CS5. *Other*: typewriter.



## Credits Continued

**70 (cont.) | 2) Untitled** by Ann-Marie Morris. **Supplies:** Papers: Sketchbook by American Crafts. *Journaling cards:* hot pink card: Jamaica Makes; library card: Lakeshore. *Stamp:* Today Is: elisejoy.com. *Ink:* Tsukineko. *Wood veneers:* Studio Calico. *Jewel:* Recollections. *Paper clips:* Target. *Decorative tapes:* teal glitter: American Crafts; yellow: Kid Made Modern. *Pens:* orange: Typo; black: American Crafts. *Page protector:* Project Life by Becky Higgins. *Font:* Novocento. *Software:* Photoshop CS5.

**71 | Two Thousand Thirteen** by Ann-Marie Morris. **Supplies:** Papers: multi-color: Acorn Avenue by Crate Paper; cream and aqua trees: Sleigh Ride by Crate Paper; aqua ombre: Lucky Charm by American Crafts; floral: Fourteen by Crate Paper; yellow: Anthropologie. *Die cuts:* Studio Calico. *Journaling cards:* Jamaica Makes. *Chipboard:* Studio Calico. *Paper clip:* Office Depot. *Letter stickers:* red: American Crafts; mini numbers: Studio Calico. *Stamps:* Out With the Old: Studio Calico; date stamp: Yes, Please by American Crafts; Totally Obsessed with: Ann-Marie Loves Paper. *Decorative tapes:* teal and pink: MT Tapes; teal stripe and gold stripe: Freckled Fawn. *Buttons:* Studio Calico. *Punch:* Recollections. *Pen:* Marvy. *Ink:* Tsukineko. *Page protector:* Project Life by Becky Higgins. *Fonts:* Sanchez, St. Ryde. *Software:* Photoshop CS5. *Other:* Two Thousand and Thirteen print by Urbanic.

**72 | 1) Summer: The Last Week** by Jenni Hufford. **Supplies:** *Journaling cards, journaling strips, circle tag, calendar tag:* Elle's Studio. *Journal spot (green):* Martha Stewart. *Grid journal card (3x4), arrow sticker:* Becky Higgins Project Life Clementine Kit. *Paper clip:* Making Memories. *Stamps: alphabet, arrows:* Studio Calico; roller date: Dear Lizzy. *Fun times tab:* October Afternoon. *Alphabet stickers:* Basic Grey. **2) Goodbye Summer 2012** by Jenni Hufford. **Supplies:** Cardstock: Bazzil. *Patterned paper, journaling cards, button, stickers:* October Afternoon. *Twine:* Pink Paislee. *Butterfly:* Studio Calico. *Tickets:* Jenni Bowlin. *Stamps: favorite and arrow:* Elle's Studio; roller stamp: Dear Lizzy. *Punches:* circle and square: Marvy Uchida; tab: Jenni Bowlin. *Enamel dots:* My Mind's Eye. *Summer tag:* Elle's Studio. *Alphabet stickers:* Basic Grey.

**73 | Untitled** by Jenni Hufford. **Supplies:** Papers: Studio Calico Abroad. *Journaling cards:* Elle's Studio; Martha Stewart; Becky Higgins Project Life Clementine Core Kit. *Alphabet stickers:* American Crafts; Studio Calico. *Washi tape:* Amy Tangerine for American Crafts. *Kraft envelope:* Maya Road. *Stamp:* Dear Lizzy.

**74-75 | Brazil Mini Album** by Celine Navarro. **Supplies:** Papers, mists, alphas, stickers: Studio Calico. Book: old book. Masks: Studio Calico, The Crafter's Workshop. Fabric: unknown. Stamps: Florilges Design, Craft Origine. Inks: Versamark, Versafine. Embossing powders: American Crafts. Paints: Golden. Washi tape: October Afternoon.

**75 | NYC Mini Book** by Celine Navarro. **Supplies:** Papers, fabric, embellishments, washi tape: American Crafts. Alphas, mists, stamps: Studio Calico. Die-cut machine and dies: Big Shot by Sizzix.

**76 | You at Nine** by Allison Waken. **Supplies:** Papers: gray wood-grain: On Trend by Crate Paper; aqua squares, gray stars: Tis the Season by I Lowe Scrap; gold: POW by American Crafts; striped: Amy Tangerine by American Crafts. Tag: Jenni Bowlin. *Airplane paper clip:* Amy Tangerine by American Crafts. *Red-striped clip:* SMASH by K & Co. *Badge:* Hello Forever. *Fabric tag:* Fact or Fiction by Ormolu. *Enamel dots:* The Sweetest Thing by My Mind's Eye. *Word sticker:* Seen & Noted by Pebbles. *Letter stickers:* Basic Grey. *Stitching template and thread:* Amy Tangerine by American Crafts. *Mist:* Mister Huey's by Studio Calico. *Roller stamp:* Dear Lizzy by American Crafts. *Ink:* StazOn.

**77 | Kauai** by Allison Waken. **Supplies:** Papers: Vellum: American Crafts; striped: On Trend by Crate Paper. Veneer airplane: Abroad Transportation by Studio Calico.

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