

The Lazy Genius Way

BOOK CLUB DISCUSSION GUIDE

01

What is one example of something you've already "decided once?" Why do you think it works for you or your family?

02

What is one thing that matters to you in scrapbooking? What is one easy and small step you can take towards that?

03

When is one thing you can regularly "do now" to make your creative experience better later?

04

What do you need to understand or accept about the season of life you are in right now? What then is the next right thing?

05

Think of a current or ideal routine. What is that routine actually an onramp towards? What is the desired end goal?

06

Is there a "house rule" you have or you could set for your scrapbooking workspace or your electronic device?

07

Can you think of a small space that you could purge in the next three days? How would that feel?

08

How can you subtract noise from your hobby to focus on what is meaningful and essential?

09

What activities make you feel most like yourself? How often do you take time for this kind of rest?